

Como Golondrinas

拍数: 32 墙数: 2 级数: Beginner international rumba
编舞者: Louis van Hattem (NL) & Giovanni Coenmans
音乐: Como golondrinas - Angela Carrasco



SIDE, ROCK, FORWARD STEP, ¼ TURN TO RIGHT, ¼ TURN TO LEFT, ½ TURN TO LEFT

4-1 Place left foot to left side, left foot takes weight
2 Right foot step backwards
3 Recover weight to left foot
4-1 Place right foot forward, right foot takes weight
2 ¼ turn to right and step left foot forward
3 ¼ turn to left and step right foot to right side
4-1 ½ turn to left and place left foot to left side, left foot takes weight

ROCK TO RIGHT, ROCK TO LEFT, STEP FORWARD, 1/8 TURN TO RIGHT, RECOVER WEIGHT, CROSS BEHIND

2 Rock to right side
3 Rock to left side
4-1 Place right foot forward, right foot takes weight
2 1/8 turn to right left foot step across right foot
3 Recover weight to right foot
4-1 ¼ turn to left and place left foot behind right foot, left foot takes weight

3/8 TURN TO RIGHT, ¼ TURN TO RIGHT, ¾ TURN TO RIGHT, STEP FORWARD, ½ TURN TO RIGHT, LEFT FOOT STEP FORWARD

2 3/8 turn to right, step right foot forward
3 ¼ turn to right, step left foot to left side
4-1 ¾ turn to right and place right foot forward, right foot takes weight
2 Left foot step forward
3 ½ turn to right, keep feet in place
4-1 Place left foot forward, left foot takes weight

RIGHT FOOT STEP FORWARD, ¾ TURN TO LEFT FINISH IN CROSS POSITION, FULL TURN TO RIGHT FINISH IN CROSS POSITION

2 Right foot step forward
3-4-1 ¾ turn to left, keep feet in place and finish in cross position
2-3 Full turn to right, untwist feet, finish right foot across left foot with weight on right foot

REPEAT
