

Commitments To Love

COPPER KNOB
STEPSHEETS

拍数: 96 墙数: 1 级数: Intermediate/Advanced
编舞者: Bill Bader (CAN)
音乐: That's the Way Love Is - The Commitments



DIAGONAL, KICK, ROLLING TURN $\frac{1}{4}$, $\frac{3}{4}$, $\frac{1}{4}$, SLIDE, FORWARD, SLIDE

- 1-2 Step right forward on right diagonal, kick left across right
- 3-4 Rolling to left side: step left to left side turning $\frac{1}{4}$ left, step right forward turning $\frac{3}{4}$ left
- 5-6 Step left to left side turning $\frac{1}{4}$ left, slide right toe forward (9:00)
- 7-8 Step right forward, slide left toe forward

FORWARD, ROCK BACK, STEP BACK, TURN $\frac{1}{2}$ RIGHT, $\frac{1}{2}$ TURN, SLIDE, $\frac{1}{2}$ TURN, SLIDE

- 1-2 Step left forward (toward 9:00 wall), rock back on right
- 3-4 Step left back, step right back turning $\frac{1}{2}$ right
- 5-6 Step left forward turning $\frac{1}{2}$ right, slide right toe lightly on the floor keeping it close to left
- 7-8 Step right back turning $\frac{1}{2}$ right, slide left toe forward (3:00)

FORWARD, TAP BACK, TAP CLOSER, TAP BESIDE, BACK-TOUCH, BRUSH, BACK-TOUCH, BRUSH

- 1 Big step left forward with toe and body angled right
- 2-3-4 Touch right toe 3 times starting back, then closer to left, then closing beside left heel
- &5-6 Step right back, touch left toe beside right, brush left forward
- &7-8 Step left back, touch right toe beside left, brush right forward (still facing 3:00)

SIDE TOE-HEEL, CROSS TOE-HEEL, TRIPLE RIGHT, BACK, ROCK

- 1-2 Touch right toe to right side, lower right heel
- 3-4 Cross touch left toe over right, lower left heel
- 5&6 Side shuffle to right on right-left-right (side, together, side)
- 7-8 Cross step left behind right, rock forward on right

BOX SHUFFLES: TRIPLE LEFT, $\frac{1}{4}$ RIGHT, TRIPLE RIGHT, $\frac{1}{4}$ RIGHT, TRIPLE LEFT, $\frac{1}{4}$ RIGHT, TRIPLE RIGHT

- 1&2 Shuffle to left side on left-right-left
- &3&4 Still on left turn $\frac{1}{4}$ right, side shuffle to right on right-left-right
- &5&6 Still on right turn $\frac{1}{4}$ right, side shuffle to left on left-right-left
- &7&8 Still on left turn $\frac{1}{4}$ right, side shuffle to right on right-left-right (12:00)

HEEL SWITCH, TOE SWITCH, HEEL SWITCH, TOE, POP

Styling: make these moves small and tight

- 1&2& Touch left heel slightly forward, step left beside right, touch right heel slightly forward, step right beside left
- 3& Touch left toe beside right instep with left knee turned in, step left beside right
- 4& Touch right toe beside left instep with right knee turned in, step right beside left
- 5&6& Touch left heel forward right, step left beside right, touch right heel forward left, step right beside left
- 7-8 Touch left toe beside right instep with left knee turned in, step left beside right with a right knee pop

SHUFFLE FORWARD, FORWARD, $\frac{1}{2}$ PIVOT, SHUFFLE FORWARD, SPIN, FORWARD

- 1&2 Shuffle forward on right-left-right covering a long distance
- 3-4 Step left forward, pivot $\frac{1}{2}$ onto right (6:00)
- 5&6 Shuffle forward on left-right-left covering a short distance
- 7-8 Step forward on ball of right spinning a full turn left, step left forward

SIDE TOE-HEEL, CROSS TOE-HEEL, SIDE TOE-HEEL, CROSS TOE-HEEL

- 1-2-3-4 Touch right toe to right side, lower right heel, cross touch left toe over right, lower left heel
5-6-7-8 Touch right toe to right side, lower right heel, cross touch left toe over right, lower left heel

SIDE, ROCK, BEHIND-SIDE-CROSS, TRIPLE LEFT, BEHIND-SIDE-CROSS

- 1-2 Step right to right side, rock sideways on left
3&4 Cross step right behind left, step left to left side, cross step right over left
5&6 Side shuffle left on left-right-left
7&8 Cross step right behind left, step left to left side, cross step right over left

SIDE TOE-HEEL, CROSS TOE-HEEL, SIDE TOE-HEEL, CROSS TOE-HEEL

- 1-2-3-4 Touch left toe to left side, lower left heel, cross touch right toe over left, lower right heel
5-6-7-8 Touch left toe to left side, lower left heel, cross touch right toe over left, lower right heel

SIDE, ROCK, BEHIND-SIDE-CROSS, TRIPLE RIGHT, BACK, ROCK

- 1-2 Step left to left side, rock sideways on right
3&4 Cross step left behind right, step right to right side, cross step left over right
5&6 Side shuffle right on right-left-right
7-8 Step left back behind right, rock forward on right

SHUFFLE TURNING ½, BACK, ROCK, FORWARD, ½ PIVOT, FORWARD, ½ PIVOT

- 1&2 Shuffle forward on left-right-left turning ½ right (12:00)
3-4 Step right back, rock forward on left
5-6 Step right forward, pivot ½ onto left (6:00)
7-8 Step right forward, pivot ½ onto left (12:00)

REPEAT**TAG**

At the end of wall 2

HOP BACK, KNEE POP 3 TIMES, HOP BACK, KNEE POP 3 TIMES

- &1-2 Hop right back, step left beside right, pop right knee in front of left knee
3-4 Pop left knee in front of right knee, pop right knee in front of left knee
&5-6 Hop right back, step left beside right, pop right knee in front of left knee
7-8 Pop left knee in front of right knee, pop right knee in front of left knee

SIDE TOE-HEEL, CROSS TOE-HEEL, TRIPLE RIGHT, BACK, ROCK

- 1-2-3-4 Touch right toe to right, lower right heel, cross touch left toe over right, lower left heel
5&6 Side shuffle right on right-left-right
7-8 Step left back behind right, rock forward on right

FORWARD TURN/BUMP, BUMP, TURN/TOUCH, CLAP, FORWARD TURN/BUMP, BUMP, TURN/TOUCH, CLAP

- 1-2 Step left forward turning almost ¼ right and bump hips left (towards front wall), bump again
3-4 Return to face front and touch right toe beside left, clap (12:00)
5-6 Step right forward turning almost ¼ left and bump hips right (towards front wall), bump again
7-8 Return to face front and touch left toe beside right, clap (12:00)

SIDE TOE-HEEL, CROSS TOE-HEEL, TRIPLE LEFT, BACK, ROCK

- 1-2-3-4 Touch left toe to left, lower left heel, cross touch right toe over left, lower right heel
5&6 Side shuffle left on left-right-left
7-8 Step right back behind left, rock forward on left
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