

# Commitment

拍数: 48      墙数: 4      级数: Improver  
编舞者: John Sandham (ES)  
音乐: Commitment - LeAnn Rimes



## Sec 1. Back Rt Shuffle Back Lt Shuffle Turn Turn Sailor Step.

1&2      Shuffle back on Right-Left-Right.  
3&4      Shuffle Back on Left-Right-Left.  
5-6      Travelling Back Make a Full turn Right on Right. then Left.  
7&8      Cross Right behind-step left to side. Step right next to left.

## Sec 2. Sailor Step Walk Walk Shuffle Shuffle

1&2      Cross Left Behind -step Right to side-step left next to Right.  
3-4      Walk Forward on Right. Then Left.  
5&6      Shuffle forward on right-Left-Right.  
7&8      Shuffle Forward on Left-Right-Left.

## Sec 3. Weave Left 2 3 Turn Step Pivot Shuffle.

1-2      Cross Right over Left. Step Left to Side.  
3-4      Cross Right Behind. Step ¼ turn to Left.  
5-6      Step Forward on Right. Pivot ½ turn Left.  
7&8      Shuffle forward on Right-Left-Right.

## Sec 4. Weave Right 2 3 4 Rock Rec ½ Turn

1-2      Cross Left over Right. Step Right foot to Side.  
3-4      Cross left behind Right. Step right to side.  
5-6      Rock Forward on Left. Recover Back on Right.  
7&8      make a ½ turn Left & Back on left-Right-Left.

## Sec 5. Cross Uncross Cross Uncross

1-2      Cross Right Foot over Left. Hold.( cross both arms over chest)  
&3-4      Uncross stepping Right To Side - Left to side-hold.  
(Uncross both Arms pointing out & down)  
5-6&7-8      Repeat ! Crossing Left foot.

## Sec 6. Knee Pops Right. H. Left. H. Right.Left.Right.H.

1-2      Cross Right Knee in front of Left Knee. Hold  
3-4      Cross Left Knee in front of Right Knee. Hold  
5-6      Cross Right. Left. Right. Hold. ( Knee's)

Start over!

John Sandham Spain 604131424  
Sandham454@btinternet.com  
Facebook Costa Blanca Line Dance

Last Update – 13th Nov. 2017