

Coming Up Country

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数:
编舞者: Neil Hale (USA)
音乐: I'm from the Country - Tracy Byrd



RIGHT CAMEL WALK, LEFT VINE, ½ PIVOT LEFT

1-4 Right step forward, left lock ankles behind right, right step forward, left step side left
5-8 Right cross-step behind left, left step side left, right step forward, pivot ½ turn left

TRIPLE STEP, ½ PIVOT RIGHT, CHARLESTON KICK, STEP, TOUCH

1&2 Right small step forward, left step next to right, right small step forward
3-4 Left step forward, pivot ½ turn right
5-8 Left step forward, right kick forward, right step back, left touch back

LEFT CAMEL WALK, RIGHT VINE, ½ PIVOT RIGHT

1-4 Left step forward, right lock ankles behind left, left step forward, right step side right
5-8 Left cross-step behind right, right step side right, left step forward, pivot ½ turn right

TRIPLE STEP, ½ PIVOT LEFT, CHARLESTON KICK, STEP, TOUCH

1&2 Left small step forward, right step next to left, left small step forward
3-4 Right step forward, pivot ½ turn left
5-8 Right step forward, left kick forward, left step back, right touch back

HEEL TAP, HOLD, TOE DROP, TOE TOUCH, HOLD

1-2 Right heel tap forward, hold
&3-4 Right toe drop to floor, left toe touch to right instep, hold

HEEL DROP, HEEL TAP, HOLD, TOE DROP, TOE TOUCH, HOLD

&5-6 Left heel drop to floor, right heel tap forward, hold
&7-8 Right toe drop to floor, left toe touch to right instep, hold

HEEL DROP, CROSS-STEP, HOLD, ½ PIVOT, HOLD, HIP ROLL, HOLD

&1-2 Left heel drop to floor, right cross over left, hold
3-4 Pivot (unwind) ½ turn left (end weight right), hold
5-8 Full hip roll to the left (end with weight on left foot and hold for count 8)

Option 1: Hip pops forward, back, forward, ending weight left, hold

Option 2: Hip pops left, right, left, ending weight left, hold

REPEAT