

Comin' Out

COPPERKNOB
CHOREOGRAPHY SHEETS

拍数: 48 墙数: 4 级数: Intermediate/Advanced
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音乐: Everyday People - Aretha Franklin



Start 48 counts into the track with the first verse

Written for the professional choreography competition at Windy City Line Dance Mania 2006

CROSS, SIDE, ROCK & HITCH, BODY ROLL LEFT, HOLD, HIP BUMP

1-2 Left step forward across right, right step side right
3&4 Left rock ball of foot behind right, recover to right, left hitch next to right
5-6 Left step side left starting side body roll left, finish side body roll left, weight on left
7&8 Hold, keeping weight on left, bump hips up to the right, bump hips down to the left

SIDE, CROSS, & TOGETHER-CROSS-POINT, CROSS, ¼ LEFT, COASTER STEP

1-2 Right step side right, left step across right
&3&4 Right small step side right ball of foot, left step ball of foot next to right and slightly back, right step across left, left toe point side left
5-6 Left step across right, pivot ¼ left (9:00) stepping right back
7&8 Left step ball of foot back, right step ball of foot next to left, step left forward

STEP, LOCK & ROCK & HOOK, ROCK, KICK, COASTER CROSS

1-2 Step right forward, left lock step behind right
&3&4 Step right forward, left rock ball of foot forward, recover to right, left hook across right shin
5-6 Left rock ball of foot forward, recover to right with left low kick forward
7&8 Left step ball of foot back, right step ball of foot next to left, pivot ¼ left (6:00) stepping left across right

TAP-STEP SIDE RIGHT, STEP SIDE LEFT, & CROSS & SIDE KICK, CROSS TURNING ¼ LEFT, STEP ¼ LEFT, SIDE ROCK & TOUCH

&1-2 Right toe tap side right, right step side right, left step side left
&3&4 Right step ball of foot side right, left step across right, right small step side right, left step next to right kicking right out to right side
5-6 Right step across left turning ¼ left (3:00), left step across right turning ¼ left (12:00)
7&8 Right rock ball of foot side right, recover to left, right touch next to left

STEP SIDE RIGHT WITH ARM SWING, TOUCH, TURN ¼ LEFT WITH ARM SWING, TOUCH, STEP SIDE RIGHT WITH ARM SWING, TOUCH, TURN ¼ LEFT WITH ARM SWING, TOUCH

1-2 Right step side right, left touch next to right bending knees, at same time swing right arm over head to the right to end at right side
3-4 (Straighten up) left step ¼ turn left (9:00), right touch next to left bending knees, at same time swing right arm over head to the left to end at left side
5-6 (Straighten up) right step side right, left touch next to right bending knees, at same time swing right arm over head to the right to end at right side
7-8 (Straighten up) left step ¼ turn left (6:00), right touch next to left bending knees, at same time swing right arm over head to the left to end at left side

SYNCOPATED HOP FORWARD WITH HIP SHAKE, SYNCOPATED HOP ¼ TURN LEFT, CLAP, FAN RIGHT HEEL, LEFT HEEL, TOES, HEELS, JUMP TOGETHER

&1&2 Push off left "hopping" forward onto right, hop/step left next to right, shake hips right, left
&3-4 Push off left "hopping" back onto right turning ¼ left (3:00), hop/step left next to right, stomp right next to left/clap hands at same time

- 5&6& Fan right heel side right, bring right heel to center taking weight, fan left heel side left, bring left heel to center taking weight
- 7&8 Toes-heels-jump weight on heels, fan toes out, weight on toes, fan heels out, jump both feet off floor bringing them together with weight on right

REPEAT

TAG

After four repetitions, you'll be facing the front. Do this before starting the dance again

- 1-2 Right big step forward, hold
- &3-4 Step left forward, pivot $\frac{1}{2}$ left (6:00) stepping right back, left touch next to right
- 5-6-7 Turn head looking over right shoulder to 12:00 while slapping right butt cheek with right hand, left step forward turning $\frac{1}{4}$ left (3:00), pivot $\frac{1}{4}$ left (12:00) stepping right back
- 8& Coaster left step ball of foot back, right step ball of foot next to left

TAG

At the end of walls 6 and 8, repeat the last 16 counts of the dance before starting over

RESTART

Restart after count 32 on wall 5 (changing weight to right)
