

# Comfort Zone

**COPPER** KNOB  
BY STEPHENETS

拍数: 0                      墙数: 2                      级数: Intermediate  
编舞者: Michael Vera-Lobos (AUS)  
音乐: You Won't Ever Be Lonely - Andy Griggs



Sequence: ABA, ABA, BA

I want to dedicate this to Margaret Parrish from Helensvale for always making me feel welcome and being a good friend. Thank you.

## PART A

### CROSS ROCK, RECOVER, ¼ LEFT, ½ LEFT, STEP BACK, SHUFFLE BACK, ROCK BACK/FORWARD

- 1-2-3&4            Cross/rock left over right, rock weight back on right, step left to left turning ¼ turn left, step forward right turning ½ turn left, step back on left
- 5&6-7-8           Shuffle back right stepping right-left-right, rock back on left, rock forward on right

### TRAVELING FORWARD TURN full turn RIGHT, LOCK/STEP, FULL TURN, STEP FORWARD, TAP BESIDE

- 1&2-3-4            Traveling forward turn full turn right stepping left-right-left, step forward right, lock left behind right
- 5&6-7-8            Traveling forward turn full turn right stepping right-left-right, step forward left, tap right beside left

### DIAGONAL BACK, CROSS, BALL CROSS, STEP, DIAGONAL, STEP, CROSS, BALL CROSS, STEP

- 1-2&3-4            Step back on right 45 degrees right, cross left over right, step back on ball of right crossing left over right, step back on right
- 5-6&7-8            Step back on left 45 degrees left, cross right over left, step back on ball of left crossing right over left, step back on left (end weight left)

### ¼ RIGHT, SIDE ROCK, BEHIND, SIDE, CROSS, UNWIND ¾, ¼ LEFT, CROSS SHUFFLE

- 1-2-3&4            Step back on right turning ¼ turn right, rock weight to left side traveling left step right behind left, step left to left side, cross right over left
- 5-6-7&8            Unwind ¾ turn left (end weight right), step back on left turning ¼ turn left, cross shuffle right over left stepping right-left-right

### STEP SIDE, ¼ RIGHT, ¾ TURN CROSS LEFT, STEP SIDE, BEHIND, BALL CROSS SIDE STEP

- 1-2-3&4            Step left to left side, pivot ¼ turn right (end weight right), traveling forward turn ¾ turn right, step forward left turning ¼ turn left, step back on right turning ½ turn right, cross left over right
- 5-6&7-8            Step right to right side, cross left behind right, step right to right side crossing left foot over right, step right to right

### ROCK BACK, ROCK FORWARD, SHUFFLE FORWARD, FULL TURN, SHUFFLE FORWARD

- 1-2-3&4            Rock back on left, rock forward on right, shuffle forward left, stepping left-right-left
- 5-6-7&8            Traveling forward turn full turn right over right stepping on right then left, shuffle forward right (right-left-right)

## PART B

### ROCK FORWARD, ROCK BACK, COASTER, STEP ½ PIVOT, STEP ½ PIVOT CROSS SHUFFLE

- 1-2-3&4            Rock forward left, rock back on right, step back on left, step right beside left, step forward on left
- 5-8                Step forward right, pivot ½ turn left, step forward right, pivot ½ turn left
- 9&10              Cross shuffle right over left (right-left-right)

### ¼ RIGHT, ¼ RIGHT, CROSS SAMBA, CROSS SAMBA

1-2-3&4 Step left to left turning  $\frac{1}{4}$  turn right, step back on right turning  $\frac{1}{4}$  turn right, cross left over right, rock right to right, rock center on left

5&6 Cross right over left, rock left to left, rock weight to right

**REPEAT**

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