

Come On!

拍数: 0 墙数: 2 级数: Improver
编舞者: Liz Nighy (DE)
音乐: Come On - Jimmy Somerville



Sequence: A, A-23, A-16, A-16, BBB, 2counts hold, AA, A-16, A-16, BB, A-16, A, BB, BB, BB, B

PART A

KICK LEFT-KICK ¼ TURN LEFT, COASTER STEP, KICK RIGHT-KICK ¼ TURN RIGHT, ¼ TURN STEP RIGHT-HOLD

- 1-2 Kick left foot forward, kick left foot ¼ turn left forward
- 3&4 Step left foot back, step right foot next left, step left foot forward
- 5-6 Kick right foot forward, kick right foot ¼ turn right forward
- 7-8 Step right foot ¼ turn right behind left foot, hold

LOCK STEP LEFT, SHUFFLE FORWARD LEFT, TOE BACK-½ TURN RIGHT, KICK RIGHT-OUT OUT

- 9-10 Step left foot forward, lock right foot behind left
- 11&12 Step left foot forward, step right next left, step left foot forward
- 13&14 Tap right toe back, ½ turn right, step right next left
- 15&16 Kick left foot forward, step left foot to left side, step right foot to right side

BODY ROLL RIGHT, BODY ROLL LEFT, BEND KNEES TOGETHER-OUT

- 17-18 Complete a side moving body roll right
- 19-20 Complete a side moving body roll left
- 21&22& Bend your knees together, out, together, out
- 23&24& Bend your knees together, out, together, out

PART B

SHUFFLE LEFT FORWARD, PIVOT ½ TURN, SHUFFLE RIGHT FORWARD, TAP-HOLD

- 1&2 Step left foot forward, step right next left, step left foot forward
- 3-4 Step right foot forward, pivot ½ turn left
- 5&6 Step right foot forward, step left foot next right, step right foot forward
- 7-8 Tap left toe forward, hold

SWEEP ¾ TURN LEFT-TAP, STEP-TAP, STEP-TAP, LOCK STEP LEFT

- 9-10 Sweep left foot around making ¾ turn left, tap left next to right foot
- 11-12 Step left foot forward, tap right foot behind left
- 13-14 Step right foot back, tap left foot before right
- 15-16 Step left foot forward, lock right foot behind left