

Come On Over

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Intermediate hip hop
编舞者: Michael Thompson (USA)
音乐: Come On Over (All I Want Is You) - Christina Aguilera



KICK RIGHT, TOUCH, 2 KNEE POPS, KNEE ROLL WITH ¼ TURN, TOGETHER, KNEE-KNOCKERS

- 1-2-3&4 Kick right forward, touch right toe to right side, pop right knee in towards left leg, straighten right knee, pop right knee in towards left leg
- 5-6&7&8 Roll right knee ¼ right, step left foot next to right (you should be facing ¼ right), bend both knees and push them out, push both knees in, push both knees out, push both knees in

KICK ACROSS, SIDE, ACROSS, SIDE, CHASSE RIGHT, HOOK BEHIND, FULL TURN

- 1-2-3-4 Kick right foot across left, leaning slightly to right, kick right foot to right side, leaning slightly to left, repeat
- 5&6-7-8 Step right foot to right side, step left foot next to right, step right foot to right side, hook left foot behind right, unwind full turn left, weight ending on left foot

ROCK RIGHT, TOGETHER, SCOOT BACK TWICE, 2 HIP BUMPS, TOUCH, ¾ TURN

- 1-2-3&4 Rock right foot forward, recover back onto left, step right foot next to left, scoot back twice on balls of both feet
- 5-6-7-8 Bump hips right twice, touch left toe to left side, turn ¾ left on right foot, ending with left foot crossed over right shin

SHUFFLE FORWARD, STOMP, 2 HEEL BOUNCES WITH ¼ TURN, 4 FORWARD BUMPS

- 1&2-3&4 Step left foot forward, step right foot next to left, step left foot forward, stomp right foot to right side, weight evenly distributed, bounce both heels twice, making ¼ turn left and weight ending back on right foot

These last 4 counts are hip bumps moving progressively forward onto left foot

- 5&6-7-8 Bump hips forward onto left foot, bump hips back onto right foot, not fully replacing weight onto right, repeat hip bumps again, slightly moving forward onto left foot with each hip bump forward until final count when weight is fully on left

REPEAT

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After 3 walls

- 1&2&3&4& Cross right foot over left, step left foot back to left corner, touch right heel to right corner, step right foot back, cross left foot over right, step right foot back to right corner, touch left heel to left corner, step left foot back
- 5-8& Repeat counts 1-4&
- 1-8 Touch right toe to right side, turn ½ right on left foot, bringing right foot next to left, touch left toe to left side, touch left toe next to right, touch left to left side, turn ½ left on right foot, bringing left foot next to right, touch right toe to right side, touch right toe next to left foot