

Come On

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Heidi Angelika Scott (NOR)
音乐: Baby Come On (feat. DJ Robbie) - Chris Anderson



RIGHT VINE, LEFT SYNCOPATED VINE

1-4 Grapevine to the right
5-6 Step left to the left, cross right behind left
&7 Step left to the left, cross right in front of left
&8 Step left to left, cross right behind left

HEEL JACKS RIGHT & LEFT, ½ PIVOT LEFT, STEP-TOUCH BEHIND

&1 Step left back on the diagonal, touch right heel forward
&2 Step right in place, step left in place
&3 Step right back on the diagonal, touch left heel forward
&4 Step left in place, touch right next to left
5-6 Step right foot forward and pivot ½ turn to the left
7-8 Step right foot forward, touch left toe behind right foot

LEFT VINE, RIGHT SYNCOPATED VINE

1-4 Grapevine to the left
5-6 Step right to the right, cross left behind right
&7 Step right to the right, cross left in front of right
&8 Step right to the right, cross left behind right

HEEL JACKS LEFT & RIGHT, ½ PIVOT RIGHT, STEP-TOUCH BEHIND

&1 Step right back on the diagonal, touch left heel forward
&2 Step left in place, step right in place
&3 Step left back on the diagonal, touch right heel forward
&4 Step right in place, touch left next to right
5-6 Step left foot forward and pivot ½ turn to the right
7-8 Step left foot forward, touch right toe behind left foot

HEEL & TOE CHANGES

1& Touch right heel forward and back to the center
2& Touch left toe back and back to the center
3& Touch right toe back and back to the center
4& Touch left heel forward and back to the center
5& Touch right toe to the right and back to the center
6& Touch left toe to the left and back to the center
7&8 Touch right toe to the right, hitch right knee, touch the right toe to the right

RIGHT SAILOR STEP, LEFT SAILOR STEP WITH ¼ TURN LEFT, RIGHT COASTER STEP FORWARD, LEFT COASTER STEP BACK

1&2 Cross right behind left, step left to left, step right to right
3&4 Cross left behind right, turn ¼ turn to the left (on left toe-ball) and step right to the right, step left to the left
5&6 Right coaster step forward (step forward on right, left to close, step back on right)
7&8 Left coaster step back (step back on left, right to close, step forward on left)

RIGHT JAZZ BOX, SHUFFLES FORWARD RIGHT AND LEFT

1-4 Right jazz box (cross right in front of left, step back on left, step back on right, left to close)
5&6 Right shuffle forward, right, left, right
7&8 Left shuffle forward, left, right, left

RIGHT AND LEFT KICK BALL TOUCHES, 4 WALKS BACK RIGHT, LEFT, RIGHT, LEFT (MASHED POTATO)

1&2 Right kick ball touch to the side (kick right forward, replace in center, touch left to left side)
3&4 Right kick ball touch to the side(kick left forward, replace in center, touch right to right side)
&5&6&7&8 Do 4 mashed potato steps back

REPEAT

MASHED POTATO

Split heels apart (&) return heels sliding right heel behind left heel and left heel to right instep (1). Split heels apart (&) return heels sliding left heel behind right and right heel to left instep (2)
