

# Come As You Are

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Alan Haywood (UK)  
音乐: Come As You Are - Beverley Knight



## SIDE ROCK, RECOVER, CROSS SHUFFLE, ¼ LEFT, ½ LEFT, FORWARD MAMBO

1-2      Left side rock, recover weight onto right  
3&4      Cross step left over right, right to right side, cross step left over right  
5-6      Make ¼ left stepping back on right, make a ½ left stepping left forward  
7&8      Rock forward onto right, recover weight onto left, step right next to left

## BACK SHUFFLE, SHUFFLE ½ RIGHT, STEP FORWARD, ¼ RIGHT, KICK, OUT, OUT

1&2      Step back on left, close right to it, step back on left  
3&4      Step right ½ right, close left to it, step right forward  
5-6      Step forward onto left, pivot ¼ right  
7&8      Kick left forward, step left to left side, right to right side

## SWAY LEFT, RIGHT, BEHIND AND ACROSS, SWAY RIGHT, LEFT, BEHIND AND ACROSS

1-2      Sway weight onto left, recover weight onto right  
3&4      Step left behind right, step right to right side, step left over right  
5-6      Sway weight onto right, recover weight onto left  
7&8      Step right behind left, step left to left side, step right over left

## STEP LEFT FORWARD, ½ RIGHT, HIP BUMPS (LEFT-RIGHT-LEFT) (RIGHT-LEFT-RIGHT), STEP LEFT FORWARD, PIVOT ¼ RIGHT

1-2      Step forward onto left, pivot ½ turn right  
3&4      Step left forward bumping hips left right left  
5&6      Step right forward bumping hips right left right  
7-8      Step left forward, pivot ¼ right (weight end on right)

## REPEAT

## TAG

At the end of the 3rd wall

## ROCK, RECOVER, LEFT COASTER, STEP FORWARD ½ LEFT, STEP FORWARD ½ LEFT

1-2      Rock forward onto left, recover weight onto right  
3&4      Step back on left, step back on right, step left forward  
5-6      Step forward onto right, pivot ½ left  
7-8      Step forward onto right, pivot ½ left

## ROCK, RECOVER, RIGHT COASTER, STEP FORWARD ½ RIGHT, STEP FORWARD ½ RIGHT

1-2      Rock forward onto right, recover weight onto left  
3&4      Step back on right, step back on left, step right forward  
5-6      Step forward onto left, pivot ½ right  
7-8      Step forward onto left, pivot ½ right