

Come & Get It (If You Can)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Lorraine Harvey (AUS)
音乐: Get Me Some - Mercury 4



WALK FORWARD RIGHT-LEFT, OUT-OUT-HEEL DROP, SWAY LEFT-RIGHT, LEFT SAILOR

1-2 Step forward on right, step forward on left
&3-4 Step right to right side, step left to left side, raise & drop heels once
5-6 Sway hips to left then right
7&8 Step left behind right, step right to right, step left to left

RIGHT SAILOR-STEP-TURN-TURN-TURN-STEP-OUT-OUT

1&2 Step right behind left, step left to left, step forward on right
3-4 Step forward on left, pivot turn ½ right
5-6 Turning ½ right step back on left, turning ½
7&8 Step forward on left, step right to right, step left to left

RIGHT HEEL-LEFT HEEL-BEHIND-SIDE-CROSS-SIDE-ROCK-BEHIND-TURN-FORWARD

1-2 Raise & drop right heel, raise & drop left heel
3&4 Step right behind left, step left to left, cross/step right over left
5-6 Rock/step left to left, return weight to right
7&8 Step left behind right, turning ¼ right step forward on right, step forward on left

FORWARD-BACK-BACK-CROSS-BACK-BACK-CROSS-BACK-BACK-FORWARD

1-2 Rock/step forward on right, return weight to left
3&4 Step back on right at 45 degrees right, cross/step left over right. Step back on right at 45 degrees right
5&6 Step back on left at 45 degrees left, cross/step right over left, step back on left at 45 degrees left
7-8 Rock/step back on right, return weight to left

REPEAT

TAG

At end of 3rd sequence (facing 3:00) add following 4 counts

1-4 Rock/step forward on right, return weight to left, rock/step back on right, return weight to left