

Columbine Waltz (P)

COPPER KNOB
BY STEPHEN

拍数: 33 墙数: 0 级数: Partner
编舞者: Gail Smith (USA)
音乐: Rock & Roll Waltz - Scooter Lee



Position: Couples both facing line of dance (counterclockwise floor direction); Lady Standing on the man's right side; each will have heels together; his left hand will hold her left hand either in front of his left shoulder, in front of and slightly higher than his waist, or in front of the lady's left shoulder; his right arm will reach behind the lady and hold her right hand in his right hand slightly to the right of her right shoulder

- 1 Right foot step forward
- 2 Left toe step forward
- 3 Toes pivot $\frac{1}{2}$ turn to the right and arms will pivot with the move
- 4 Left foot step forward
- 5 Right toe step forward
- 6 Toes pivot $\frac{1}{4}$ turn to the left and arms will pivot with the move (the man stands directly behind the lady with hands held at shoulder height)

MAN-MODIFIED VINE TO THE LEFT

LADY-FULL TURN TO THE LEFT & DROP LEFT HANDS

- 7 **MAN:** Right foot step in front of left leg to the left and raise right hands over lady's head
LADY: Left toe pivot $\frac{1}{2}$ turn to the left and then right toe step to the right
- 8 **MAN:** . Left foot step to left
LADY: Right toe pivot $\frac{1}{2}$ turn to the left and then left foot step to the left
- 9 **MAN:** Right foot step behind left leg to the left, lowering right hands to shoulder height, and rejoin left hands at shoulder height
LADY: Right foot step in front of left leg to the left
- 10 Left foot step to the left and body sway to the left
- 11 Body sway to the right
- 12 Body sway to the left

MAN-MODIFIED VINE TO THE RIGHT

LADY-FULL TURN TO THE RIGHT &. DROP LEFT HANDS

- 13 **MAN:** Right foot step in place, weigh shifts to right foot, and raise right hands over lady's head $\frac{1}{4}$ turn to the right
LADY: Right toe step in place
- 14 **MAN:** Left foot step behind right leg to the right
LADY: Right toe pivot $\frac{1}{4}$ turn to the right and then left toe step to the left
- 15 **MAN:** Right foot step to the right, dropping right hands to shoulder height, and rejoin left hands at shoulder height
LADY: Left toe pivot $\frac{1}{2}$ turn to the right and then right foot step to the right side
- 16 Left foot step in front of right leg to the right
- 17 Right foot step to the right and body sway to the right
- 18 Body sway to the left
- 19 Right foot step forward
- 20 Left toe step forward
- 21 Toes pivot $\frac{1}{4}$ turn to the right and arms will pivot with the move
- 22 Left foot step forward
- 23 Right toe step forward
- 24 Toes pivot $\frac{1}{2}$ turn to the left and arms will pivot with the move

- & **MAN:** Drop left hands, bend left elbow, keeping forearm across and against your waist
- 25 **MAN:** Right foot step forward and raise right hands over lady's head
LADY: Left toe pivot $\frac{1}{4}$ turn to the left and then right toe step to the right
- 26 **MAN:** Left foot step to close to right foot
LADY: Right toe pivot $\frac{1}{2}$ turn to the left and then left foot step to the left
- 27 **MAN:** Right foot step slightly forward and lower right hands to shoulder height
LADY: Left toe pivot $\frac{1}{4}$ turn to the left and then right foot step forward
- 28 Left foot step forward
- 29 Right foot step to close to left foot
- 30 Left foot step slightly forward
- 31 **MAN:** Right foot step forward and raise right hands over lady's head
LADY: Left toe pivot $\frac{1}{4}$ turn to the left and then right toe step to the right
- 32 **MAN:** Left foot step to close to right foot
LADY: Right toe pivot $\frac{1}{2}$ turn to the left and then left foot step to the left
- 33 **MAN:** Right foot step slightly forward, lowering right hands to shoulder height and rejoin left hands at shoulder height
LADY: Left toe pivot $\frac{1}{4}$ turn to the left and then right foot step forward
- 34 Left foot step forward
- 35 Right foot step to close to left foot
- 36 Left foot step slightly forward

REPEAT
