

Colorado Hitch

拍数: 40 墙数: 4 级数:
编舞者: Eve Guggenheim & R. V. Summerall
音乐: Unknown



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- 1-4 Left heel out, left heel hitch to right knee, step left to side, stomp right & clap hands.
- 5-8 Right heel out, right heel hitch to left knee, step right to side, stomp left & clap hands.
- 9-12 Triple step forward left-right-left, swing right across left turning $\frac{1}{4}$ to left & stepping down on right.
- 13-14 Fists extended out in front & hips thrown back, bring fists together & hips together (shout "hey").
- 15-16 Repeat steps 13-14.
- 17-20 Turn full circle to left stepping left-right-left, stomp right & clap hands.
- 21-22 Bring left knee up & slap with hands, lower foot down.
- 23-24 Repeat steps 21-22.
- 25-26 Swing right up & out to right hip & slap boot with right hand, lower foot down.
- 27-28 Swing right up & across left thigh & slap boot with left hand, lower foot down.
- 29-32 Point left out to left side, bring back together, point right out to right side, bring back together.
- 33-36 Left kick ball change, step left forward, pivot $\frac{1}{2}$ turn on right.
- 37-40 Repeat steps 33-36.

REPEAT
