Cold Day In July



拍数: 34 墙数: 4 级数: Intermediate

编舞者: Rey Kleinsasser (USA)

音乐: Cold Day in July - The Chicks



This music is very slow. Dance with deliberation. Make large steps. Swing arms on counts 13-16

HIP BUMPS, BASIC NIGHT CLUB TWO-STEP

1&2-3&4 Left step slightly out to side and hips bump left-right-left, right-left-right

5&6 Left step back; rock forward onto right; left step out to side 7&8 Right step back; rock forward onto left; right step out to side

BACK-&-¼, ¼-¼-¼-&-TWINKLE RIGHT- TWINKLE LEFT-WALK-WALK

Left step back; rock onto right; left step into ¼ left turn
Right step into ¼ left turn; left step into ¼ left turn
Right step into ¼ left turn; left step slightly back

(Traveling backwards) right step across in front; left step slightly back; right step slightly back (Traveling backwards) left step across in front; right step slightly back; left step beside right

8& Right step forward; left step forward

Styling: the last three steps(&8&) can be made slightly noisy

ROCK: FORWARD-&-STEP, BACK-&-STEP, RIGHT, LEFT, RIGHT-1/4 LEFT-STEP

1&2 Right step forward; rock back to left; right step beside left 3&4 Left step back; rock forward to right; left step beside right

5-6 Right step out to side; rock to left

7&8 Rock to right; left step into ¼ left turn; right step beside left

SIDE, A-SIDE, A-SHIMMY(X4)-HEEL-&-HEEL-&-COASTER STEP

The next 4 counts have ¼ beat syncopated movements, counted "1-a-&-a-2,etc.

1&-a-2&-a Left step out to side; (hold); right step beside left; left step out to side; (hold); right step beside

left

3-a&-a-4-a&-a Left step out to side and thrust left shoulder back; thrust shoulders back: right, left, right, left,

right, left, right

5&6& Right heel touch forward; right step beside left; left heel touch forward; left step beside right

7&8 Right step back; left step beside right; right step forward

"KICK-BALL-CHANGE"

1&2 Left kick forward; left step beside right; right step beside left

REPEAT

TAG

Right step diagonal forward-right

When dancing to Dixie Chicks, The tag will be inserted between counts 24 and 25 of wall 6 only(facing back wall), then omit counts 33&34 from wall 7 to end of song. When dancing to Joy White, on wall 7, omit counts 1-16, shift weight to left on "&", and start with count 17. Music will slow down; dance to the music.