

Coconuts

拍数: 32 墙数: 2 级数:
编舞者: Jim Cone (USA)
音乐: Coconut - Smile.Dk



& HEEL, & TOE, & HEEL, & STEP, OUT OUT, IN IN, CROSS TURN

&1 Step right back touch, left heel forward
&2 Step left together, touch right in place
&3 Step left back, touch right heel forward
&4 Step right together, step left in place
&5 Step right to right, step left to left
&6 Step right to center, step left beside right
7 Cross right in front of left
8 Pivot ½ turn left on balls of both feet

RIGHT LEFT TOGETHER, LEFT RIGHT TOGETHER, OUT OUT, IN IN, CROSS, TURN

1&2 Step right foot to right, rock back on left, step right together
3&4 Step left to left, rock back on right, step left together
&5 Step right to right, step left to left
&6 Step right to center, step left beside right
7 Cross right in front of left
8 Pivot ½ turn left on balls of both feet

& HEEL, & TOE, & HEEL, & STEP, OUT OUT, IN IN, CROSS TURN

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8 Pivot ½ turn left on balls of both feet

BUMP RIGHT, BUMP LEFT, ROLL 2-3-4

1-2 Step forward on right as you bump hips twice right
3-4 Step forward on left as you bump hips twice left
5-6 Roll hips to the left from back to front
7-8 Roll hips to the right from front to back

REPEAT
