

# Cowboy Rumba

拍数: 64      墙数: 4      级数: Intermediate rumba  
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音乐: You Got the Wrong Man - Tim McGraw



## 1ST HALF OF RUMBA BOX

1-4      Step forward left, hold, step side right, step together left (slow, quick, quick)

## 2ND HALF OF RUMBA BOX

5-8      Step back right, hold, step side left, step together right (slow, quick, quick)

## CROSS OVER BREAKS

1-4      Step side left, hold, cross right over left and rock forward right, step in place left (slow, quick, quick)

## CROSS OVER BREAKS

5-8      Step side right, hold, cross left over right and rock forward left, step in place right (slow, quick, quick)

## SAMBA FLICKS - SPIN FULL TURN LEFT WITH 2 STEPS

1-2      Turn  $\frac{1}{4}$  left and step forward left starting spin, bring right foot next to left as you complete a  $\frac{3}{4}$  spin left for a total of full turn left.

&-3-4      Step side left on count "&", point right toe side on count "3", hold count 4

## SAMBA FLICKS - SPIN FULL TURN RIGHT WITH 2 STEPS

5-6      Turn  $\frac{1}{4}$  right and step forward right starting spin, bring left foot next to right as you complete a  $\frac{3}{4}$  spin right for a total of full turn right.

&-7-8      Step side right on count "&", point left toe side on count "3", hold count 4

## 4 SETS OF CHA-CHA-CHA SLOW FORWARD

(Using "Cuban motion" i.e., Hip action)

1&2      Step forward left, together right, step forward left

3&4      Step forward right, together left, step forward right

5-8      Repeat left shuffle and right shuffle forward

## FORWARD ROCK, 2 SETS OF CHA-CHA-CHA SLOW BACK, ROCK BACK

1-2      Rock step forward left, step in place right

3&4      Left shuffle back - step back left, together right, step back left

5&6      Right shuffle back - step back right, together left, step back right

7-8      Rock step back left, step in place right

## RUMBA BOX

1-4      Step forward left, hold, step side right, step together left (1st half of box-slow, quick, quick)

5-8      Step back right, hold, step side left, step together right (2nd half of box-slow, quick, quick)

## SAMBA CHASSES OR 2 WAY COM PASO

1&2&      Step forward left (whole foot flat), step side right (small step using ball of foot), cross left over right (whole foot flat), step side right,

3&4      Cross left over right, step side right, cross left over right

5&6&      Step back right, step side left, cross right over left, step side left,

7&8      Cross right over left, step side left, cross right over left (remember flat, ball-flat footwork)

## RUMBA BOX WITH $\frac{3}{4}$ TURN LEFT

1-4 Step forward left, hold, step side right, together left (1st half of box-slow, quick, quick)

**I know your feet are crossed from the previous pattern-just uncross them as you step forward!**

5-8 Step back right, touch left toe behind right (pressing with the ball of left foot) spin  $\frac{3}{4}$  left with weight ending up on right foot.

**REPEAT**

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