

Cowboy Round-Up (P)

COPPER **NOB**
BY STEPHENETS

拍数: 48 墙数: 0 级数: Partner
编舞者: Linda De Ford (USA)
音乐: Any Polka or Shuffle



Position: Beginning position is man to inside, lady to outside, both facing forward LOD, Left hands joined and right hands joined by placing man's right arm across lady's shoulders and holding her hand at a comfortable level for both.

1-2 Right stomp, kick.
3&4 Right-left-right shuffle step (progression recommended but not required).
5-6 Left stomp, kick.
7&8 Left-right-left shuffle step (progression recommended but not required).

STOMP, KICK, SHUFFLE STEP, STOMP, KICK, SHUFFLE STEP

9&10 Right-left-right shuffle steps forward maintaining side-by-side position.
11&12 Left-right-left shuffle steps forward maintaining side-by-side position.
13&14 Right-left-right shuffle steps forward maintaining side-by-side position.
15&16 Left-right-left shuffle steps forward maintaining side-by-side position.

FORWARD 1 (ALLOW TIME FOR 1ST SHUFFLE, 2 (SAME), 3 (SAME), 4 (SAME))

17&18 Right-left-right both shuffle step as man begins to turn lady to her right.
19&20 Left-right-left both shuffle step as lady finishes a full turn, hands do not release.
21&22 Right-left-right both shuffle step forward, arms crossed in front of body.
23&24 Left-right-left both shuffle step forward, arms crossed in front of body.

TURN THE LADY (1ST SHUFFLE), TURN THE LADY (2ND SHUFFLE), FORWARD, FORWARD

25&26 Right-left-right both shuffle as man moves to outside floor under both ladies arms as lady moves to inside floor.
27&28 Left-right-left man completes right side movement as lady moves to inside floor.
29&30 Right-left-right both shuffle forward in crossed arm position.
31&32 Left-right-left both shuffle forward in crossed arm position.

MAN UNDER (1ST SHUFFLE), SHUFFLE, SHUFFLE, SHUFFLE

33&34 Right-left-right shuffle pattern as couple rotates to the right ½ turn, maintaining crossed arm position.
35&36 Left-right-left shuffle pattern finishing rotation of ½ turn (now back is to LOD). Man is on inside of floor at this point and lady to outside.
37&38 Right-left-right shuffle step backward (moving down LOD)
39&40 Left-right-left shuffle step backward (moving down LOD)

ROTATE (1ST SHUFFLE), ROTATE (2ND SHUFFLE), GO BACK, BACK

41&42 Right-left-right shuffle step for both moving down LOD as you quarter turn left (man releasing his left hand from her left hand).
43&44 Left-right-left shuffle step for both turning quarter turn left, bringing man's right arm over ladies head and finishing with right arm in front of lady.

Both are now facing forward LOD (not much progression on Steps 41-44 until you have practiced the dance and can add the progression as you turn).

45&46 Right-left-right man gently guides lady backward with his right hand (ladies, give him some frame to work with here) both shuffle step, man forward and lady backward, releasing right hands after he initiates the lead.

47&48

Left-right-left both shuffle step, lady backward to new partner and man forward to new partner.

REPEAT
