

Cowboy Rock & Roll

COPPER KNOB
STEPPERS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Ann Napier (NZ)
音乐: Cowboys Like a Little Rock and Roll - Chris LeDoux



KICK BALL CHANGE, KICK, ROCK, TOUCH, STEP

1&2 Kick right foot forward, step ball of right foot in place, step on left foot
3-6 Kick right foot forward, rock forward on right foot, touch left toe behind right foot, step back on left,
7-12 Repeat last 6 counts

JUMP APART, CROSS, UNWIND, CLAP

13-16 Jump both feet apart, jump feet together crossing right over left, unwind ½ turn over left shoulder, clap hands
17-32 Repeat dance from the beginning

RIGHT GRAPEVINE WITH ½ TURNING SHUFFLE, SHUFFLE TO LEFT SIDE, ROCK BACK, ROCK FORWARD

1-2 Step right on right foot, cross left behind
3&4 Shuffle right-left-right as you make a ½ turn over right shoulder
5&6 Shuffle to left side on left-right-left
7-8 Rock back on right foot, rock forward onto left

RIGHT GRAPEVINE WITH ½ TURNING SHUFFLE, SHUFFLE TO LEFT SIDE, ROCK BACK, ROCK FORWARD

1-8 Repeat last 8 counts

ROCK FORWARD, BACK, BACK, FORWARD

1-2 Rock forward onto right foot, rock back on left foot
3-4 Rock back on right foot, rock forward onto left foot

TRIPLE STEP, TRIPLE STEP, ROCK, STEP (LIKE IN EAST COAST SWING)

1&2 Triple step in place, right-left-right
3&4 Triple step in place, left-right-left
5-6 Rock back on right foot, rock forward onto left foot

ROCK FORWARD, BACK, MAKE 1 AND A HALF TURNS OVER RIGHT SHOULDER (TRAVELING BACK)

1-2 Rock forward onto right foot, rock back on left foot
3-4 Make ½ turn over right shoulder stepping on right foot, make ½ turn over right shoulder stepping back onto left foot
5-6 Make ½ turn over right shoulder stepping on right foot, step forward on left foot

REPEAT