

# Cowboy Rock & Roll

**COPPER** KNOB  
STEPPERS

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Ann Napier (NZ)  
音乐: Cowboys Like a Little Rock and Roll - Chris LeDoux



## KICK BALL CHANGE, KICK, ROCK, TOUCH, STEP

- 1&2      Kick right foot forward, step ball of right foot in place, step on left foot  
3-6      Kick right foot forward, rock forward on right foot, touch left toe behind right foot, step back on left,  
7-12      Repeat last 6 counts

## JUMP APART, CROSS, UNWIND, CLAP

- 13-16      Jump both feet apart, jump feet together crossing right over left, unwind ½ turn over left shoulder, clap hands  
17-32      Repeat dance from the beginning

## RIGHT GRAPEVINE WITH ½ TURNING SHUFFLE, SHUFFLE TO LEFT SIDE, ROCK BACK, ROCK FORWARD

- 1-2      Step right on right foot, cross left behind  
3&4      Shuffle right-left-right as you make a ½ turn over right shoulder  
5&6      Shuffle to left side on left-right-left  
7-8      Rock back on right foot, rock forward onto left

## RIGHT GRAPEVINE WITH ½ TURNING SHUFFLE, SHUFFLE TO LEFT SIDE, ROCK BACK, ROCK FORWARD

- 1-8      Repeat last 8 counts

## ROCK FORWARD, BACK, BACK, FORWARD

- 1-2      Rock forward onto right foot, rock back on left foot  
3-4      Rock back on right foot, rock forward onto left foot

## TRIPLE STEP, TRIPLE STEP, ROCK, STEP (LIKE IN EAST COAST SWING)

- 1&2      Triple step in place, right-left-right  
3&4      Triple step in place, left-right-left  
5-6      Rock back on right foot, rock forward onto left foot

## ROCK FORWARD, BACK, MAKE 1 AND A HALF TURNS OVER RIGHT SHOULDER (TRAVELING BACK)

- 1-2      Rock forward onto right foot, rock back on left foot  
3-4      Make ½ turn over right shoulder stepping on right foot, make ½ turn over right shoulder stepping back onto left foot  
5-6      Make ½ turn over right shoulder stepping on right foot, step forward on left foot

## REPEAT