

Cowboy Ridin'

COPPER KNOB
BY STEPHENETS

拍数: 0 墙数: 1 级数: Intermediate/Advanced
编舞者: Michael Diven (USA)
音乐: Save a Horse (Ride a Cowboy) - Big & Rich



Sequence: Start on vocals. AB, AB, AA, AB, ENDING

PART A

WALK FORWARD RIGHT, LEFT, RIGHT, ¼ TURN SAILOR, ¾ TURN SAILOR

1-4 Walk right, left, right, kick left foot forward
5&6 Left sailor step with a ¼ turn to the left
7&8 Right sailor step with a ¾ turn to the right (weight ends on right foot)

LEFT ROCK, RECOVER, LOCK SHUFFLE BACKWARDS, TOUCH, PIVOT, ROCK, RECOVER

1-2 Rock forward on left foot, recover weight back on right
3&4 Left lock shuffle backwards
5-6 Touch right toe back and pivot ½ turn to right (weight ends on right foot)
7-8 Rock forward on left foot, recover weight back on right

LOCK SHUFFLE BACKWARDS, TOUCH, PIVOT, WALK BACKWARDS LEFT, RIGHT, LEFT, HEEL JACKS

1&2 Left lock shuffle backwards
3-4 Touch right toe back and pivot ½ turn to right (weight ends on right foot)
5-7 Walk back left, right, left
&8& Step back on right, touch left heel forward, step left next to right

WALK RIGHT, LEFT, SHUFFLE, KICK, TOUCH, ¾ PIVOT WITH KNEE BEND, ¼ TURN RIGHT

1-2 Walk forward right and left
3&4 Right shuffle forward
5-6 Kick left foot forward, touch left toe back
7-8 Pivot ¾ turn left, bending right knee in, turn ¼ turn right (facing original wall, weight on right foot)

PART B

STEP, KNEE BEND, SLIDE, SHUFFLE, ROCK AND RECOVER

1-4 Step left foot to left, bend right knee in, straighten up and slide left foot next to right
5&6 Right shuffle forward
7-8 Rock forward on left, recover weight back on right

¾ SHUFFLE TURN LEFT, SIDE ROCK, SYNCOPATED VINE, SLOW UNWIND

1&2 Left shuffle to left turning ¾ turn left
3-4 Side rock to right, recover weight back to left
5&6 Cross right behind left, step left to left side, cross right over left
7-8 Slow unwind ¾ to the left

ROCK, RECOVER, SHUFFLE BACKWARDS, STEP, PIVOT ½ TURN, SHUFFLE BACKWARDS

1-2 Rock right forward, recover weight back on left
3&4 Right shuffle backwards
5-6 Step back left and pivot ½ turn left (weight stays on right foot)
7&8 Left shuffle backwards

OUT-OUT, SHUFFLE, STEP, QUICK LOCK, UNWIND, ROCK, RECOVER, ½ TURN RIGHT (REPEAT)

1-2 Step out left and right

3&4 Left shuffle forward
5&6& Step right foot forward, lock left behind right and pivot 1 full turn left
7&8 Rock forward right, recover back to left, ½ turn to right
1-2 Step out left and right
3&4 Left shuffle forward
5&6& Step right foot forward, lock left behind right and pivot 1 full turn left
7&8 Rock forward right, recover back to left, ½ turn to right

ENDING

After doing Part A 3 times and Part B once you do just the last 8 counts of Part B twice. Dance ends with a full pivot and legs are crossed.
