Cowboy Mixer (P)

拍数: 36

级数: Partner

编舞者: Shirley Babcock (USA)

音乐: That Old Wheel - Johnny Cash

Position: Open position, (a.k.a. Cape, side-by-side, or sweetheart). The couple is facing the line of dance, the man is on the inside of the circle. The lady moves forward to the man ahead of her on the shuffle forward steps, while the man shuffles slightly in place

HEEL SWIVELS

- 1-2 Swivel heels to the left; back to center
- 3-4 Swivel heels to right; back to center

LEFT FORWARD, CROSS, FORWARD AND TOGETHER

- 5 Touch left heel forward
- 6 Cross and touch left toes to floor in front of right foot
- 7 Touch left heel forward
- 8 Touch left foot next to right

VINE LEFT, TOUCH RIGHT

- Step to the left with the left foot; step right foot behind left foot 9-10
- 11-12 Step to the left with the left foot; touch right next to left

VINE RIGHT, TOUCH LEFT

Dropping left bands

- 13-14 MAN: Step to the right with the right foot, step left behind right
- LADY: Step right turning 1/4 to the right, step left across right turning 1/2 right 15-16 MAN: Step right with the right, touch left next to right
 - LADY: Step right across left turning 1/4 right, touch left next to right

Couple will re-join hands at this point

STEP-SCOOT, STEP-SCOOT, STEP-SCOOT

- 17-18 Step left forward; scoot on left right foot in air
- 19-20 Step right forward; scoot on right left foot in air
- 21-22 Step left forward; scoot on left right foot in air

JAZZ BOX WITH TOUCH BACK

- 23-24 Cross right foot over left (put weight on right; step left back)
- 25-26 Step right next to left; touch left toes to the back

4 SHUFFLES FORWARD STARTING ON THE LEFT

Lady shuffles forward to meet new partner

On counts 27-34, the man does his shuffles slightly in place

- 27&28 MAN: Shuffle in place left, right, left
- LADY: Shuffle forward left, right, left
- 29&30 MAN: Shuffle in place right, left, right
- LADY: Shuffle forward right, left, right
- 31&32 Shuffle in place left, right, left
- LADY: Shuffle forward left, right left
- 33&34 Shuffle in place right, left, right
 - LADY: Shuffle forward right, lefty right





墙数:0

STOMP, STOMP

35-36 Stomp left; stomp right

REPEAT