

Cowboy Coaster

COPPER KNOB
STEPPSHEETS

拍数: 32 墙数: 4 级数: Intermediate/Advanced
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音乐: Fresh Coat of Paint - Lee Roy Parnell



WALK FORWARD, KICK, WALK BACK, COASTER STEP

1-2 Walk forward right, left
3-4 Walk forward right; kick left foot forward
5-6 Walk back left, right
7&8 Step left foot back; step right beside left; step left foot forward.

TOE & HEEL SYNCOPATIONS; LEFT MILITARY PIVOT

9-10 Touch right toe to right side; hold
&11-12 Step right foot beside left; touch left toe to left side; hold
&13 Step left foot beside right; touch right heel forward
&14 Step right foot beside left; touch left heel forward
&15 Step left foot beside right; step right foot forward
16 Pivot ½ turn left on ball of right foot shifting weight to left foot.

SIDE STEP, PIVOT, SIDE STEP, STEP-TURNS

17-18 Step right foot to right side; hold
19-20 Pivot ½ turn right on right foot and step left foot to left side; hold
21 Pivot ½ turn left on ball of left foot and step right foot to the right
22 Pivot ½ turn left on ball of right foot and step left foot to the left
23 Pivot ½ turn left on ball of left foot and step right foot to the right
24 Pivot ½ turn left on ball of right foot and step left foot to the left.

VINE RIGHT, TURN, SCUFF & TURN, CHASSE LEFT, TURN, SLIDE

25-26 Step right foot to the right side; cross-step left foot behind right
27-28 Step right foot to the right making ¼ turn right; pivot another ¼ turn on ball of right foot and brush left foot forward
29& Step left foot to the left side; step on ball of right beside left
30& Step left foot to the left side; step on ball of right beside left
31-32 Step left with Left foot in long step making ¼ turn left; slide right foot to left (weight remains on left).

REPEAT
