

Cowboy Boots

拍数: 56 墙数: 4 级数: Intermediate
编舞者: Chris Hodgson (UK)
音乐: Cowboy Boots - The Backsliders



HEEL SPLITS/ TOE SPLITS / PIGEON TOES TRAVELING RIGHT

- 1-2 Split both heels apart & back to center
- 3-4 Split both toes apart & back to center
- 5-8 Split both heels apart (toes in), bring both heels in together(toes out) split both heels apart(toes in), bring both heels in together (toes out) (traveling to the right on these pigeon toe movements)

TOUCH SIDE / HOOK IN FRONT & SLAP / TOUCH SIDE / HOOK BEHIND & SLAP

- 1-2 Touch right foot to right side, hook right leg in front of left knee & slap with left hand
- 3-4 Touch right foot to right side, hook right leg behind left knee & slap with left hand
- 5-8 Repeat counts 1-4 again

CAJUN SHUFFLES WITH SLAPS-¼ TURN LEFT / STEP / SLIDE / STEP HITCH

Angle body to side on each of these shuffles

- 1&2& Step right to right side, step left next to right, step right to right side, hitch left knee up & slap with right hand
- 3&4& Step left to left side, step right next to left, step left to left side, hitch right knee up & slap with left hand
- 5&6& Step right to right side, step left next to right, step right to right side, hitch left knee up & slap with right hand making ¼ turn left on ball of right foot
- 7& Step forward left foot, slide right foot behind left foot:
- 8& Step forward left foot, hitch right knee up

HEEL/ HOOK/ HEEL / HOOK/ VINE (RIGHT & LEFT)

- 1-2 Touch right heel forward, hook right leg in front of left knee
- 3-4 Touch right heel forward, hook right leg in front of left knee
- 5-8 Right steps to right, cross left behind, right steps to right, touch left foot in place
- 1-2 Touch left heel forward, hook left leg in front of right knee
- 3-4 Touch left heel forward, hook left leg in front of right knee
- 5-8 Left steps to left, cross right behind, left steps to left, touch right foot in place

STEP/TOGETHER/STEP / HOP & HITCH (TWICE) / HEEL / HOOK / 2 HOPS

- 1&2& Step forward right foot, step left foot next to right foot, step forward right foot, hop on right foot at the same time hitch left knee up
- 3&4& Step forward left foot, step right foot next to left foot, step forward left foot, hop on left foot at the same time hitch right knee up
- 5-8 Touch right heel forward, hook right foot over left knee, keeping knee up, hop on left foot twice

OUT-OUT-IN-IN / STEP ½ TURN LEFT / STOMP-STOMP

- 1-2 Step right foot to right side, step left foot to left
- 3-4 Step right foot in place, step left foot in place
- 5-8 Step forward right foot, ½ turn left, stomp right in place, stomp left in place

REPEAT