

Cowboy

拍数: 68 墙数: 2 级数: Intermediate
编舞者: Bill Davis
音乐: Outlaw Cowboy - Ron Wayne Atwood



RIGHT STRUT, LEFT STRUT, LEFT KICK-BALL-CHANGE

1-3 Touch right toes forward, step heel in place, touch left toes forward
4-6 Step heel in place, touch right toes forward, step heel in place
7&8 Kick left forward, step in place on ball of foot, step right next to left

LEFT STRUT, RIGHT STRUT, RIGHT KICK-BALL-CHANGE

1-3 Touch left toes forward, step heel in place, touch right toes forward
4-6 Step heel in place, touch left toes forward, step heel in place
7&8 Kick right forward, step in place on ball of foot, step left next to right

STEP, SLIDE, STEP, SLIDE, RIGHT JAZZ BOX

1-4 Step right, slide left next to right, step right, slide left next to right
5-8 Cross right over left, step back on left, step on right, touch left next to right

STEP, SLIDE, STEP, SLIDE, LEFT JAZZ BOX

1-4 Step left, slide right next to left, step left, slide right next to left
5-8 Cross left over right, step back on right, step on left, touch right next to left

RIGHT KICK-BALL-CHANGE, SHUFFLE IN PLACE, LEFT KICK-BALL-CHANGE, SHUFFLE IN PLACE

1&2-3&4 Kick right forward, step in place on ball of right foot, step left next to right, shuffle in place (right-left-right)
5&6-7&8 Kick left forward, step in place on ball of left foot, step right next to left, shuffle in place (left-right-left)

RIGHT BACK LOCK AND CROSS HOP

1-4 Step right across left, step back on left, lock right across left, hitch left
5-6- Step left across right, hitch right
7-8 Step right across left, hitch left

LEFT BACK LOCK AND CROSS HOP

1-4 Step left across right, step back on right, lock left across right, hitch right
5-6 Step right across left, hitch left
7-8 Step left across right, hitch right

RIGHT FORWARD SHUFFLE, ½ TURN PIVOT TO RIGHT, LEFT FORWARD SHUFFLE, ½ TURN PIVOT TO LEFT

1&2-3-4 Shuffle forward (right-left-right), step forward on left and pivot ½ around to right, putting weight on right foot
5&6-7-8 Shuffle forward (left-right-left), step forward on right and pivot ½ around to left, putting on left foot

CROSS AND UNWIND (½)

1-4 Touch right toe behind left, unwind ½ turn to right ending with weight on right foot, touch left toe to left, step left next to right

REPEAT

