

拍数: 48                      墙数: 4                      级数: Improver  
编舞者: Margaret Piwowar (USA) & Pat Aitchison (USA)  
音乐: Groove It - Ronnie Beard



This dance is dedicated to a good friend of ours, Judean Owen, owner of Country&More

## WALK FORWARD RIGHT, LEFT, RIGHT, LEFT, RIGHT SAILOR STEP, LEFT SAILOR STEP

1-4                      Walk forward right, left, right, left  
5&6                      Step right foot behind left step left on left foot step on right weight on right  
7&8                      Step left behind right step right on right foot step on left weight on left

## WALK BACK RIGHT, LEFT, RIGHT, LEFT, RIGHT SAILOR STEP, LEFT SAILOR STEP

1-4                      Walk back right left right left  
5&6                      Step right foot behind left step left on left foot step on right weight on right  
7&8                      Step left behind right step right on right foot step on left weight on left

## RIGHT KICK BALL CHANGE, ½ TURN, ROLL FORWARD, FORWARD SHUFFLE RIGHT, LEFT, RIGHT

1&2                      Kick right foot forward, step on ball of right change weight to the left foot  
3-4                      Step forward on right making ½ turn left weight left  
5-6                      Step forward on right making ½ turn left weight on left, turn ½ left  
7&8                      Step forward right bring left next to right keep weight on left step forward on right

## ROCK FORWARD LEFT, LEFT COASTER, ½ VINE RIGHT, LEFT, SIDE SHUFFLE RIGHT, LEFT, RIGHT

1-2                      Rock forward on left recover on right  
3&4                      Step left back then right back, then left forward keeping weight on left  
5-6                      Step on right step left behind right  
7&8                      Step to the side with right step left together step right

## CROSS ROCK RIGHT, SIDE SHUFFLE LEFT WITH A LEFT, RIGHT, ¼ TURN LEFT, ROLL FORWARD ½ TURN ½TURN, FORWARD SHUFFLE RIGHT, LEFT, RIGHT

1-2                      Cross rock left foot over right recover on right weight on right  
3&4                      Step on left step right next left ¼ turn left with left foot weight on left  
5-6                      Step forward on right making ½ turn left weight on left ½turn left  
7&8                      Step forward right bring left next to right keep weight on left step forward on right

## ROCK FORWARD LEFT, LEFT COASTER, BODY ROLL RIGHT, BODY ROLL LEFT TOUCH RIGHT FOOT HOME

1-2                      Step forward on left recover on right weight on right  
3&4                      Step left back then right back, then left forward keeping weight on left  
5-6                      Step right foot out to the right roll shoulder out to the right then right hip  
7-8                      Roll shoulder out to the left then home while bringing right foot next to left with a touch

## REPEAT