

Country Time Mambo (P)

COPPERKNOB
STEPSHEETS

拍数: 40 墙数: 0 级数: Partner
编舞者: Norma Jean Fuller (USA) & Lewis Cain (USA)
音乐: Mambo No.5 - Lou Bega



Position: Side By Side

CHA-CHA LEFT-RIGHT-LEFT, SIDE STEP TOGETHER, CHA-CHA FORWARD, STEP TOUCH

1&2 Cha- cha to left left-right-left
3-4 Step side right on right, step left beside right
5&6 Cha-cha forward right-left-right
7-8 Step side left on left, touch right beside left

STOMP HOLD, STOMP HOLD, ROCK STEP CROSS, ROCK STEP CROSS

1-2 Stomp forward on right, hold
3-4 Stomp forward on left, hold
5&6 Rock side right on right, step in place with left, cross right over left
7&8 Rock side left on left, step in place with right, cross left over right

SHUFFLE RIGHT-LEFT-RIGHT, STEP PIVOT ½ RIGHT, SHUFFLE LEFT-RIGHT-LEFT, STEP PIVOT ½ TURN LEFT

1&2 Shuffle forward right-left-right
3-4 Step forward on left, pivot ½ turn right
5&6 Shuffle forward left-right-left
7-8 Step forward on right, pivot ½ turn left

SHUFFLE RIGHT-LEFT-RIGHT, SHUFFLE LEFT-RIGHT-LEFT, STEP HOLD, STEP HOLD

1&2 Shuffle forward right-left-right
3&4 Shuffle forward left-right-left
5-6 Step slightly forward on right, hold
7-8 Step slightly forward on left, hold

BEND KNEES, STRAIGHTEN, HIP HIP, SHUFFLE ½ TURN RIGHT, PIVOT ½ TURN RIGHT

1-2 Bend knees slightly, straighten legs
3-4 Bump hips back on right, bump hips forward on left
5&6 Shuffle forward right-left-right turning ½ turn right
7-8 Step forward on left, pivot ½ turn right

When done as a mixer, replace the last 4 counts with:

5&6 **LADY:** Shuffle forward right-left-right to meet next partner
 MAN: Shuffle right-left-right in place turning ½ turn right
7-8 **LADY:** Step pivot ½ turn right stepping right beside left
 MAN: Step forward on left, step forward on right

REPEAT

When dancing to "Mambo No. 5", do the following when he says to clap hands once, clap your hands twice

RELEASE HANDS

9-10 Clap hands stomping forward on right, hold
11-12 Clap hands stomping forward on left, hold