Country Stroll

拍数: 48

级数: Intermediate

编舞者: Joy Dawson (NZ)

音乐: Tryin' to Get to New Orleans - The Tractors

STEP, SLIDE, STEP, TOUCH, GRAPEVINE LEFT, ½ TURN

- Step right foot forward, slide left foot up beside right 1-2
- 3-4 Step right foot forward, touch left foot beside right
- 5-8 Grapevine left, scuff right foot while turning 1/2 turn to the left

STEP, SLIDE, STEP, TOUCH, GRAPEVINE LEFT, ½ TURN

- 9-10 Step right foot forward, slide left foot up beside right
- 11-12 Step right foot forward, touch left foot beside right
- 13-16 Grapevine left, scuff right foot while turning 1/2 turn to the left

ROCK FORWARD, BACK, FORWARD, SCUFF

- 17-18 Rock forward on right foot, back on left
- 19-20 Forward on right, scuff left foot

ROCK FORWARD, BACK, FORWARD, SCUFF

- 21-22 Rock forward on left foot, back on right
- 23-24 Forward on left, scuff right foot

STEP, SCUFF, STEP, SCUFF

- 25-26 Step forward on right foot, scuff left
- 27-28 Step forward on left, scuff right

SHUFFLE BACK, SHUFFLE BACK

- 29&30 Shuffle back right-left-right
- 31&32 Shuffle back left-right-left

BACK, BACK 1/4 TURN, HIP BUMPS

- 33-34 Step back right, then left, while turning 1/4 turn left
- 35-36 Bump hips once to right and once to left

STEP, SCUFF ACROSS, CROSS ROCK

- 37-38 Step right foot in place, scuff left foot across in front of right
- 39-40 Step down on left foot lifting right foot slightly off the ground and step right foot in place

STEP, SCUFF ACROSS, CROSS ROCK

- Step left foot to the left, scuff right foot across in front of left 41-42
- 43-44 Step down on right foot lifting left foot slightly off the ground and step left foot in place

STEP, BRUSH, STEP, SCUFF

- 45-46 Step right foot to the right and brush left foot in beside right and back out to side (circle to the left)
- 47-48 Step left foot to side and brush right foot in beside left and out to front ready to start again

REPEAT







墙数:4