

The Country Shuffle

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Dave Ingram (CAN) & Sue MacFarlane (CAN)
音乐: I'm from the Country - Tracy Byrd



KICK FRONT SIDE, SAILOR SHUFFLE, KICK FRONT SIDE, SAILOR SHUFFLE

- 1 Kick right foot front
- 2 Kick right foot to right side
- 3&4 Sailor shuffle, right, left, right
- 5 Kick left foot front
- 6 Kick left foot to left side
- 7&8 Sailor shuffle, left, right, left

WALK, WALK, HOOK ½ TURN LEFT, COASTER STEP, CROSS, TOGETHER

- 9 Walk forward right
- 10 Walk forward left
- 11 Hook right foot behind left heel
- 12 Pivot ½ turn on ball of left foot
- 13&14 Coaster step, right, left, right
- 15 Step crossing left foot in front of right foot
- 16 Step right beside left

APPLE JACKS WITH ½ TURN LEFT

- 17& Swivel left toe and right heel to the left, back to centre
- 18& Swivel right toe and left heel to the right, back to centre
- 19& With 1/8 turn left, swivel left toe and right heel to the left, back to centre
- 20& With 1/8 turn left, swivel right toe and left heel to the right, back to centre
- 21& With 1/8 turn left, swivel left toe and right heel to the left, back to centre
- 22& With 1/8 turn left, swivel right toe and left heel to the right, back to centre
- 23& Swivel left toe and right heel to the left, back to centre
- 24& Swivel right toe and left heel to the right, back to centre

KICK, KICK BALL CROSS, STEP TOGETHER, ROLLING VINE 1-¼ LEFT

- 25 Kick right forward
- 26&27 Kick right, step on ball of right, cross left in front of right
- 28 Step right beside left
- 29-32 Rolling vine 1-¼ left

STEP FORWARD RIGHT, PIVOT ½ TURN R, STEP, TOUCH

- 33 Step forward right
- 34 Pivot ½ right turn on ball of right foot
- 35 Step back left
- 36 Touch right beside left
- 37 Step forward right
- 38 Pivot ½ right turn on ball of right foot
- 39 Step back left
- 40 Touch right beside left

BUMP, BUMP, STEP SIDE, CLAP

- 41 Step right to right as you bump hip right
- 42 Bump hip left

&43 Slide left beside right, step right foot to right
44 Clap
45-46 Bump hips left, right
&47 Slide right beside left, step left foot to left
48 Clap

REPEAT

When dancing to "I'm from the Country", After 7 complete repetitions of the dance, repeat section 6 (Bump, Bump, Step Side, Clap) only once, then repeat dance from the beginning.
