Country Sauce Revisited 2001



拍数: 40 墙数: 4 级数: Intermediate

编舞者: Forty Arroyo (USA)

音乐: Capital Tropical - Two Man Sound



BALL CROSS, ROCK, STEP LEFT 2X, CHASSE' LEFT

&1-3 Step on ball of right, cross rock step left over right, rock back on to right, step left to side

&4-6 Step on ball of right, cross rock step left over right, rock back on to right, step left to side

&6&7&8 Step right next to left, step left, step left, step left, step left, step left

CROSS ROCK STEP 2X, CHASSE' RIGHT WITH 1/4 TURN RIGHT

1-3 Cross rock step right over left, rock back on to left, step right to side

Step left next to right, cross rock step right over left, rock back on to left, step right to side Step left next to right, step left next to right.

right

LEFT AND RIGHT SYNCOPATED CROSSOVER BREAKS, 1/4 RIGHT, STEP, PIVOT TURN 1/2 RIGHT

1&2 Cross left over right, step in place with right, step left to side

&3&4 Step in place with right, cross left over right, step right in place, step left to side

5&6 Cross right over left, step in place with left, step right to side

&7&8 Step in place with left, cross right over left, step left in place, step right to side making ¼ right

PIVOT ½ RIGHT, FULL TURN RIGHT, LEFT KICK STEP, RIGHT KICK STEP, LEFT KICK STEP 2X

1-4 Step forward on left, pivot ½ to right, step forward left turning ½ right, step back right turning

½ to right

Kick left forward, step on left, kick right forward, step on right Kick left forward, step on left, kick left forward, step on left

STEP ON RIGHT, STEP FORWARD LEFT WITH ¼ RIGHT, SHUFFLE RIGHT-LEFT-RIGHT, CROSS, STEP ¼ LEFT, SHUFFLE LEFT-RIGHT-LEFT WITH ½ RIGHT

1-2-3&4 Step in place with right, take a long step forward on left with ½ turn to the right, shuffle in

place

5-6-7&8 Cross left over right, step right while turning 1/4 left, shuffle in place left-right-left while turning

½ left

REPEAT

Country sauce Revisited is basically the same as the original "Country Sauce" except that it starts with an "&" count and counts 41 and 42 have been omitted