

Country Rock 'n Roll Waltz

拍数: 48 墙数: 4 级数: waltz
编舞者: Jim Anderson (CAN) & Daphne Anderson (CAN)
音乐: Rock & Roll Waltz - Scooter Lee



FORWARD ROCK, FORWARD ROLL

- 1 Step left foot forward across right at 45 degrees (turn body to face 1:30)
- 2-3 Step right foot next to left foot, step left foot in place
- 4-5-6 Step right foot back, step-rock forward on to left foot, step right foot next to left
- 1 Step forward on left foot towards 10:30 while pivoting on right foot
- 2-3 Step right foot next to left foot, step left foot next to right (still facing 10:30)
- 4-5 Step right foot forward (towards 12:00), step left forward starting a full turn right (the turn is traveling forward with left foot stepping ½ turn approximately)
- 6 Finishing full turn step right foot forward facing 12:00

SIDE ROCKS, BACKWARD SERPENTINES

- 1-2 Step left foot left side (sway hips left), sway hips right (right foot stays in place)
- 3 Sway hips back onto left side while turning to face 1:30 (weight on left foot)
- 4-5 Step back on right foot, step left foot next to right foot
- 6 Pivot on both feet as you turn to face 10:30
- 1-2 Step back on left foot, step right foot next to left foot
- 3 Pivot on both feet as you turn to face 1:30
- 4-5 Step back on right foot, step left foot beside right foot while tuning to face 12:00
- 6 Step right foot in place, (feet slightly apart)

SIDE ROCKS, 360 ROLLING VINE, SIDE ROCKS, 360 ROLLING VINE

- 1-2-3 Sway hips left, sway hips right, sway hips left, (start the next turn early by turning right foot)
- 4-5-6 Step right foot into ¼ turn right, step left into ½ turn right, step right into ¼ turn right
- 1-2-3 Sway hips left, sway hips right, step left ¼ turn left as you sway hips left
- 4-5-6 Step right into ½ turn left, step left ¼ turn left, step right beside left

TURN & TURN & TURN

- 1-2 Step left foot forward, pivot on left foot as you turn ½ turn left and step back (toward 12:00)
- 3-4 Step back with left foot, step back with right foot
- 5-6 Step left foot beside right foot, step right foot forward
- 1-2 Left step forward, step right foot forward (small step)
- 3 Pivot on both feet ¼ turn to left transferring weight to left foot (facing 3:00)
- 4-5 Step right foot forward, step left foot across in front of right
- 6 Pivoting on the ball of the left foot turn ½ turn to right and step down on right

REPEAT