

Country Roads

拍数: 32 墙数: 2 级数: Beginner contra dance
编舞者: Lisa Ferguson (UK)
音乐: Country Roads - Hermes House Band



WALK FORWARD RIGHT, LEFT, CLAP X 3, WALK BACK RIGHT, LEFT, COASTER STEP

1-2 Step forward right, step forward left
3&4 Clap hands with partner opposite three times
5-6 Step back right, step back left
7&8 Step back right, step back left, step forward right

CROSS, SIDE, SAILOR STEP, CROSS, SIDE, SAILOR STEP

9-10 Cross left over right, step right to right side
11&12 Step left behind right, step right to right side, step left to left side
13-14 Cross right over left, step left to left side
15&16 Step right behind left, step left to left side, step right to right side

ROCK, ROCK, SHUFFLE ½ TURN LEFT, ROCK, ROCK, SHUFFLE ½ TURN RIGHT

17-18 Rock forward on left slapping hands with the person opposite, rock back on right
19-20 Make ½ turn shuffle over left shoulder stepping left, right, left
21-22 Rock forward on right slapping hands with the person opposite, rock back on left
23&24 Make ½ turn shuffle over right shoulder stepping right, left, right

Note: intermediate option for shuffle ½ turns is 1 ½ turns

STEP LEFT ½ PIVOT, STEP LEFT, RIGHT, LEFT, MAMBO ROCK, LEFT COASTER STEP

25-26 Step forward left, ½ pivot over right shoulder
27&28 Triple on spot left, right, left
29&30 Rock forward on right, rock back on left, step right beside left
31&32 Step back on left, step back on right, step back on left

REPEAT
