

Country Rave

拍数: 48 墙数: 4 级数: Improver
编舞者: Nigel Payne (UK) & Barbara Payne (UK)
音乐: Rave On - Dave Sheriff



DWIGHT TRAVELING RIGHT, SIDE ROCK, CROSS SHUFFLE

1 Touch right toe to left instep as you swivel left heel to the right
2 Touch right heel to left instep as you swivel left toe to the right
3 Repeat count 1
4 Repeat count 2 (weight ends on left foot)
5-6 Rock right out to right side, recover back onto left
7&8 Cross right over left, step left to left side, cross right over left

Easier option

1-4 Twist heels, toe's, heels, toe's to the right for 4 counts

DWIGHT TRAVELING LEFT, SIDE ROCK, CROSS SHUFFLE

9 Touch left toe to right instep as you swivel right heel to the left
10 Touch left heel to right instep as you swivel right toe to the left
11 Repeat count 9
12 Repeat count 10, (weight ends on right foot)
13-14 Rock left out to left side, recover back onto right
15&16 Cross left over right, step right top right side, cross left over right

Easier option for counts

9-12 Twist heels, toe's, heels, toe's to the left for 4 counts

STEP CLAP, TURN CLAP, TURN CLAP, COASTER TURN ¼ LEFT

17-18 Step right to right side, clap
19-20 On ball of right foot pivot ½ turn left stepping left to left side, clap
21-22 On ball of left foot pivot ½ turn left stepping right to right side, clap
23&24 Step back on the left foot, step right beside left, step left foot forward turning ¼ turn left

RIGHT & LEFT TOE STRUTS, ROCK RECOVER, COASTER STEP

25-26 Step forward on right toe, drop right heel
27-28 Step forward on left toe, drop left heel
29-30 Rock forward onto right foot, recover back onto left
31&32 Step back on right foot, step left beside right, step forward on right

PIVOT TURN, LEFT SHUFFLE, PIVOT TURN, RIGHT SHUFFLE

33-34 Step forward on left foot, pivot ½ turn right taking weight on right foot
35&36 Step forward on left foot, step right beside left, step forward on left
37-38 Step forward on right foot, pivot ½ turn left taking weight on left foot
39&40 Step forward on right foot, step left beside right, step forward on right foot

1/8 PIVOT TURNS RIGHT X 4

41-42 Step forward on left foot, pivot 1/8 turn right
43-44 Step forward on left foot, pivot 1/8 turn right
45-46 Step forward on left foot, pivot 1/8 turn right
47-48 Step forward on left foot, pivot 1/8 turn right (take weight on left foot)

REPEAT

