

Country Rave

COPPER KNOB
BY STEPHEN HETS

拍数: 48 墙数: 4 级数: Improver
编舞者: Nigel Payne (UK) & Barbara Payne (UK)
音乐: Rave On - Dave Sheriff



DWIGHT TRAVELING RIGHT, SIDE ROCK, CROSS SHUFFLE

- 1 Touch right toe to left instep as you swivel left heel to the right
- 2 Touch right heel to left instep as you swivel left toe to the right
- 3 Repeat count 1
- 4 Repeat count 2 (weight ends on left foot)
- 5-6 Rock right out to right side, recover back onto left
- 7&8 Cross right over left, step left to left side, cross right over left

Easier option

- 1-4 Twist heels, toe's, heels, toe's to the right for 4 counts

DWIGHT TRAVELING LEFT, SIDE ROCK, CROSS SHUFFLE

- 9 Touch left toe to right instep as you swivel right heel to the left
- 10 Touch left heel to right instep as you swivel right toe to the left
- 11 Repeat count 9
- 12 Repeat count 10, (weight ends on right foot)
- 13-14 Rock left out to left side, recover back onto right
- 15&16 Cross left over right, step right top right side, cross left over right

Easier option for counts

- 9-12 Twist heels, toe's, heels, toe's to the left for 4 counts

STEP CLAP, TURN CLAP, TURN CLAP, COASTER TURN ¼ LEFT

- 17-18 Step right to right side, clap
- 19-20 On ball of right foot pivot ½ turn left stepping left to left side, clap
- 21-22 On ball of left foot pivot ½ turn left stepping right to right side, clap
- 23&24 Step back on the left foot, step right beside left, step left foot forward turning ¼ turn left

RIGHT & LEFT TOE STRUTS, ROCK RECOVER, COASTER STEP

- 25-26 Step forward on right toe, drop right heel
- 27-28 Step forward on left toe, drop left heel
- 29-30 Rock forward onto right foot, recover back onto left
- 31&32 Step back on right foot, step left beside right, step forward on right

PIVOT TURN, LEFT SHUFFLE, PIVOT TURN, RIGHT SHUFFLE

- 33-34 Step forward on left foot, pivot ½ turn right taking weight on right foot
- 35&36 Step forward on left foot, step right beside left, step forward on left
- 37-38 Step forward on right foot, pivot ½ turn left taking weight on left foot
- 39&40 Step forward on right foot, step left beside right, step forward on right foot

1/8 PIVOT TURNS RIGHT X 4

- 41-42 Step forward on left foot, pivot 1/8 turn right
- 43-44 Step forward on left foot, pivot 1/8 turn right
- 45-46 Step forward on left foot, pivot 1/8 turn right
- 47-48 Step forward on left foot, pivot 1/8 turn right (take weight on left foot)

REPEAT

