

Country Jitters (P)

拍数: 56 墙数: 4 级数: Intermediate/Advanced
编舞者: Sharon Farris (USA)
音乐: Why Haven't I Heard From You - Reba McEntire



Position: Double hand hold position.

This dance may be performed in a circle formation (gentleman faces away from center of dance floor) or as a line dance.

TOE HEEL STRUTS IN PLACE, ROCK STEPS, STOMPS

- 1 **MAN:** Touch left toe next to right foot
 LADY: Touch right toe next to left foot
- 2 **MAN:** Step left heel down onto floor in place
 LADY: Step right heel down onto floor in place
- 3 **MAN:** Touch right toe next to left foot
 LADY: Touch left toe next to right foot
- 4 **MAN:** Step right heel down onto floor in place
 LADY: Step left heel down onto floor in place
- 5 **MAN:** Step back on left foot
 LADY: Step back on right foot
- 6 **MAN:** Rock forward onto right foot
 LADY: Rock forward onto left foot
- 7 **MAN:** Stomp left foot next to right
 LADY: Stomp right foot next to left
- 8 **MAN:** Stomp right foot next to left (stomp down)
 LADY: Stomp left foot next to right (stomp down)
- 9-16 Repeat counts 1-8

VINE WITH TURN, KICK, TURN, CHARLESTON KICK

- 17 **MAN:** Step to the left on left foot
 LADY: Step to the right on right foot
- 18 **MAN:** Cross right foot behind left and step
 LADY: Cross left foot behind right and step

Gentleman releases lady's right hand from his left

- 19 **MAN:** Step to the left on left foot, making $\frac{1}{4}$ turn to the left with the step
 LADY: Step to the right on right foot, making $\frac{1}{4}$ turn to the right with the step
- 20 **MAN:** Kick right foot forward
 LADY: Kick left foot forward
- 21 **MAN:** Step back on right foot, making $\frac{1}{4}$ turn to the right with the step
 LADY: Step back on left foot, making $\frac{1}{4}$ turn to the left with the step

Gentleman picks up lady's right hand in his left. Partners have returned to the double hand hold position

- 22 **MAN:** Kick left foot forward to outside of lady's right leg
 LADY: Kick right foot forward between man's legs
- 23 **MAN:** Step left foot next to right
 LADY: Step right foot next to left
- 24 **MAN:** Touch right toe back
 LADY: Touch left toe back

VINE, TOUCH, ROCK STEPS, HEEL SWIVELS

- 25 **MAN:** Step to the right on right foot
 LADY: Step to the left on left foot

- 26 **MAN:** Cross left foot behind right and step
LADY: Cross right foot behind left and step
- 27 **MAN:** Step to the right on right foot
LADY: Step to the left on left foot
- 28 **MAN:** Touch left toe next to right foot
LADY: Touch right toe next to left foot
- 29 **MAN:** Step back on left foot
LADY: Step back on right foot
- 30 **MAN:** Rock forward onto right foot
LADY: Rock forward onto left foot
- & **MAN:** Step to the left on ball of left foot while bending knees
LADY: Step to the right on ball of right foot while bending knees
- 31 **MAN:** Lower right heel down onto floor and swivel both heels to the right
LADY: Lower right heel down onto floor and swivel both heels to the right
- & **MAN:** With knees bent, step on ball of right foot in place
LADY: With knees bent, step on ball of left foot in place
- 32 **MAN:** Lower right heel down onto floor and swivel both heels to the left
LADY: Lower left heel down onto floor and swivel both heels to the left

WALK FORWARD, TURNING TRIPLE, TRIPLE IN PLACE, ROCK STEPS, HEEL SWIVELS

Partners exchange sides in this section. Gentleman passes to lady's left side. Gentleman releases lady's left hand from his right and raises her right hand in his left. Lady passes under upraised hands during side change.

- 33 **MAN:** Walk forward on left foot
LADY: Walk forward on right foot
- 34 **MAN:** Walk forward on right foot
LADY: Walk forward on left foot
- 35&36 **MAN:** Triple in place (left-right-left) making a half turn to the left
LADY: Triple in place (right-left-right) making a half turn to the right

Partners have now exchanged sides and are facing each other in a single hand hold position (gentleman's left and lady's right). Gentleman now faces toward center of dance floor.

- 37&38 **MAN:** Triple step in place (right-left-right)
LADY: Triple step in place (left-right-left)
- 39 **MAN:** Step back on left foot
LADY: Step back on right foot
- 40 **MAN:** Rock forward onto right
LADY: Rock forward onto left foot
- Gentleman takes up lady's left hand in his right hand in the double hand hold position.**
- & **MAN:** Step to the left on ball of left foot while bending knees
LADY: Step to the right on ball of right foot while bending knees
- 41 **MAN:** Lower right heel down onto floor and swivel both heels to the right
LADY: Lower right heel down onto floor and swivel both heel to the right
- & **MAN:** With knees bent, step on ball of right foot in place
LADY: With knees bent, step on ball of left foot in place
- 42 **MAN:** Lower right heel down onto floor and swivel both heels to the left
LADY: Lower left heel down onto floor and swivel both heels to the left

WALK FORWARD, TURNING TRIPLE, TRIPLE IN PLACE, ROCK STEPS, HEELS SWIVELS

Partners exchange sides in this section, returning to original position. Gentleman passes to lady's left side. Gentleman releases lady's left hand from his right and raises her right hand in his left. Lady passes under upraised hands during side change.

- 43 **MAN:** Walk forward on left foot
LADY: Walk forward on right foot
- 44 **MAN:** Walk forward on right foot

LADY: Walk forward on left foot

45&46 **MAN:** Triple in place (left-right-left) making a half turn to the left

LADY: Triple in place (right-left-right) making a half turn to the right

Partners have now exchanged sides and are facing each other in a single hand hold position (gentleman's left and lady's right). Gentleman now faces away from center of dance floor.

47&48 **MAN:** Triple step in place (right-left-right)

LADY: Triple step in place (left-right-left)

49 **MAN:** Step back on left foot

LADY: Step back on right foot

50 **MAN:** Rock forward onto right

LADY: Rock forward onto left foot

Gentleman takes up lady's left hand in his right hand in the double hand hold position.

& **MAN:** Step to the left on ball of left foot while bending knees

LADY: Step to the right on ball of right foot while bending knees

51 **MAN:** Lower right heel down onto floor and swivel both heels to the right

LADY: Lower right heel down onto floor and swivel both heel to the right

& **MAN:** With knees bent, step on ball of right foot in place

LADY: With knees bent, step on ball of left foot in place

52 **MAN:** Lower right heel down onto floor and swivel both heels to the left

LADY: Lower left heel down onto floor and swivel both heels to the left

STEP TOUCHES

53 **MAN:** Step to the left on left foot

LADY: Step to the right on right foot

54 **MAN:** Touch right toe next to left foot

LADY: Touch left toe next to right foot

55 **MAN:** Step to the right on right foot

LADY: Step to the left on left foot

56 **MAN:** Touch left toe next to right foot

LADY: Touch right toe next to left foot

REPEAT
