

# Country Disco (P)

COPPERKNOB  
STEPSHEETS

拍数: 36      墙数: 0      级数: Partner  
编舞者: Lee Siebert (USA)  
音乐: Slow to medium tempo swing music



**Position: Side by side, forward LOD**

**For counts 1-18, lady is mirror image of man's steps, outside refers to man's left and lady's right, inside refers to man's right and lady's left**

- 1 Swing outside foot forward and to center, lightly tap partner's foot
- 2 Swing outside foot to side and tap toe
- 3 Swing outside foot to rear and lightly tap partner's foot
- 4 Swing outside foot home and take weight
- 5-6 Bump hips together twice
- 7-8 Hips apart twice
- 9-14 Three polka or shuffle steps forward (starting inside shuffle, outside, and inside)
- 15 Outside foot forward and pivot  $\frac{1}{2}$  turn toward partner (both facing reverse LOD, in left skaters position)
- 16 Step back on outside foot
- 17 Step back on inside foot
- 18 Swing out foot to front and lightly tap partner's foot

## MAN LADY

- 19 **MAN:** Right toe touch to right side  
**LADY:** Bring outside foot home (take weight)
- 20 **MAN:** Right toe touches behind left foot (while raising right arm)  
**LADY:** Step down right foot pivoting  $\frac{1}{2}$  turn to left (forward LOD)
- 21 **MAN:** Right toe touch to right side  
**LADY:** Step down on left foot (take weight)
- 22 **MAN:** Right foot swing forward lightly touching lady's right instep  
**LADY:** Right foot swing forward lightly touching man's right instep
- 23 **MAN:** Right foot home (take weight)  
**LADY:** Right foot home (take weight)
- 24 **MAN:** Left foot swing forward lightly touching lady's left instep  
**LADY:** Left foot swing forward lightly touching man's left instep
- 25 **MAN:** Left foot step to left side  
**LADY:** Left foot step to left side
- 26 **MAN:** Right foot step forward  
**LADY:** Right foot step forward and to the man's right side
- 27 **MAN:** Left foot swing forward lightly touching lady's left instep  
**LADY:** Left foot swing to rear lightly touching man's left instep
- 28 **MAN:** Left foot step back  
**LADY:** Left foot step back
- 29 **MAN:** Right foot step to right side  
**LADY:** Right foot step to right side
- 30 **MAN:** Left foot step forward  
**LADY:** Left foot step forward to man's left side
- 31 **MAN:** Right foot swing forward lightly touching lady's right foot  
**LADY:** Right foot swing to rear lightly touching man's right foot
- 32 **MAN:** Makes  $\frac{1}{2}$  turn to his left by stepping  $\frac{1}{4}$  turn with right foot and finishing turn pivoting on left foot  
**LADY:** Bring right foot home (take weight)

**BOTH PARTNERS**

33 Hold

34-36 Step back inside foot, outside foot, and inside foot (taking weight)

**REPEAT**

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