Country Disco (P)



编舞者: Roy Klasens 音乐: Bop - Dan Seals



Position: Sweetheart position

MAN'S STEPS

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2 Touch out to side with left

3 Touch lady's right with left in back

4 Step left beside right

Bump hips in
Bump hips in
Bump hips out
Bump hips out

9&10 Shuffle forward right, left, right 11&12 Shuffle forward left, right, left 13&14 Shuffle forward right, left, right

15 Step forward on left beginning ½ turn right (raise right hand for arch)

16 Step back on right finishing ½ turn right

17 Step back on left

18 Touch lady's left with right in front

During 19-20-21, turn lady ½ left to face LOD in front of man. Drop left hand, lead with right hand to form arch to turn lady under

19 Touch out to side with right

20 Touch right in back

21 Touch out to side with right

22 Touch lady's right with right in front

23 Step right beside left

24 Touch lady's left with left in front

25 Step forward on left

Step forward on right to lady's right sideTouch lady's left with left behind lady

Step back on leftStep right on right

30 Step forward on left to end on lady's left

Drop lady's right hand and pick up her left hand with your left hand

31 Touch lady's right with right behind lady

32 Turn ½ left and stomp right beside left (no weight on right)

Pick up lady's right hand to return to sweetheart position

33 Step back on right
34 Step back on left
35 Step back on right

36 Stomp left (no weight on left)

REPEAT

LADY'S STEPS Touch man's left with right in front 1 2 Touch out to side with right 3 Touch man's left with right in back 4 Step right beside left 5 Bump hips in 6 Bump hips in 7 Bump hips out 8 Bump hips out 9&10 Shuffle forward left, right, left 11&12 Shuffle forward right, left, right 13&14 Shuffle forward left, right, left 15 Step forward on right beginning ½ turn left (turn under man's right hand arch) 16 Step back on left finishing ½ turn 17 Step back on right 18 Touch man's right with left in front During 19-20-21, turn ½ left to face LOD in front of man. Drop left hand, turn under man's arch 19 Step forward on left beginning ½ turn left under man's right hand 20 Step back on right finishing ½ turn 21 Step back on left 22 Touch man's right with right in front 23 Step right beside left 24 Touch man's left with left in front 25 Step on left with small counter to left 26 Step on right with small counter to left 27 Touch man's left with left in back 28 Step on left in place

30 Step on left with small counter to right **Drop his right hand and pick up his left hand with your left hand**

Step on right with small counter to right

Touch man's right with right in back

32 Stomp right beside left

Put right hand up for sweetheart position

33 Step back on left
34 Step back on right
35 Step back on left

36 Stomp right beside left (no weight on right)

REPEAT

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