Country Cousins Shuffle



拍数: 64 墙数: 0 级数:

编舞者: Stan Wrixon

音乐: Ol' Country - Mark Chesnutt



Position: Right side by side position (Sweetheart)

STEP CROSS AND SHUFFLE, BOX STEP

1-2 Step back onto left, cross right over left and touch toe beside left

3&4 Right shuffle forward

Cross and step left over right, step back onto rightStep left to the side, touch right toe beside left

STEP CROSS AND SHUFFLE, BOX STEP

9-10 Step back onto right cross left over right and touch toe beside right

11&12 Left shuffle forward

13-14 Cross and step right over left, step back onto left 15-16 Step right to the side, touch left toe beside right

ROCK STEP, ½ PIVOT TURN, ½ SHUFFLE TURN, ROCK STEP

17-18 Step and rock back onto left, rock forward onto right

19-20 Step forward onto left, pivot ½ turn right, weight forward onto right

Drop right hands, Mans left arm passes over ladies head lower joined left hands behind mans back into a hammer-lock position

21&22 Left shuffle making ½ turn to right

REJOIN RIGHT HANDS IN FRONT, JOINED HANDS PASS OVER LADIES HEAD

23-24 Step and rock back onto right, rock forward onto left

FOUR SHUFFLES PROGRESSING FORWARD MAKING WINDMILL TURN LEFT, CHANGING HANDS AS YOU TURN

25-32 Right shuffle, left shuffle, right shuffle, left shuffle

Finish in right side by side position

WEAVE TO RIGHT

33-34	Step right to right, step and cross left behind right
35-36	Step right to right, step and cross left over right
37-38	Swing right over left and step down, step left to left
39-40	Step and cross right behind left, touch left toe back

STEP ½ PIVOT, STEP ½ PIVOT

Step forward onto left, drop left hands, raise right, pivot ½ turn right Step forward onto left, keep right hands raised, pivot ½ turn right

Take up left hands in right side by side position

WEAVE TO LEFT

45-46	Step left to, left, step and cross right behind left
47-48	Step left to left, step and cross left over right
49-50	Swing left over right and step down, step right to right:
51-52	Step and cross left behind right, touch right toe beside left

STEP, LOCK, SHUFFLE, STEP, LOCK SHUFFLE

53-54	Step forward onto right, step and lock left behind right
55&56	Right shuffle forward
57-58	Step forward onto left, step and lock right behind left
59-60	Left shuffle forward

ROCK STEP, COASTER STEP

Step and rock forward onto right, rock back onto left

Step back onto right, step left beside right, step forward onto right

REPEAT