

Countless

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Garth Bock (USA)
音乐: Count To 3 - Melinda Schneider



3 SAILOR SHUFFLES, HEEL TWISTS TURNING ¼ LEFT

1&2 Step right foot behind left, step left foot out to left, step right foot out to right
3&4 Step left foot behind right, step right foot out to right, step left foot out to left
5&6 Step right foot behind left, step left foot out to left, step right foot next to left
7-8 Twist heels to left (turning body slightly right), twist heels ¼ right (facing ¼ left)

KICK BALL STEPS WITH HEEL TAPS

9&10 Kick right foot forward, step back on ball of right foot, step forward on left
11-12 Tap left heel twice
13&14 Kick right foot forward, step back on ball of right foot, step forward on left
15-16 Tap left heel twice

HEEL TOUCHES, WALKS, TURNING SHUFFLE, ROCK STEP

17&18 Touch right heel forward, step right next to left, touch left heel forward
& Step left foot next to right (taking weight)
19-20 Step forward right, step forward left
21&22 Shuffle right-left-right turning ½ turn left (to the left)
23-24 Rock back on left foot, recover weight on right

¼ TURN RIGHT, CHASSE' LEFT

&25 Turning ¼ turn right step left to left side
26 Hold (clap)
&27 Step right next to left, step left to left side
28 Hold (clap)

PIVOT TURN, WALKS

29-30 Turning ¼ left on ball of left foot, step right foot forward, pivot ½ turn left
31-32 Walk forward right, left

REPEAT
