

Countdown Shuffle

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数:
编舞者: Max Perry (USA)
音乐: Cry Wolf - Victoria Shaw



JAZZ JUMPS

&1-2 Jump back onto right, step together left, clap
&3-4 Jump back onto right, step together left, clap

STEP RIGHT, LEFT, RIGHT & KICK LEFT, TOGETHER LEFT

5-6 Step forward right, step forward left
7 Step forward right
&8 Kick forward left, step together left

RIGHT TOE, TOGETHER, LEFT TOE, TOGETHER

9-10 Touch right toe to side, step together right
11-12 Touch left toe to side, step together left

SLIDE RIGHT

13& Side step right & step together left
14& Side step right & step together left
15-16 Side step right, touch left toe together

VINE LEFT, "SHUFFLE BUMPS"

17-18 Side step left, step right behind left
19 Side step left and bump hips left
&20 Bump hips right, bump hips left

RIGHT HEEL, HEEL, TOE, TOE

21-22 Touch right heel forward twice
23-24 Touch right heel back twice

STEP RIGHT, ¼ LEFT-4 TIMES

25-26 Step forward right, ¼ turn left shifting weight to left
27-28 Step forward right, ¼ turn left shifting weight to left
29-30 Step forward right, ¼ turn left shifting weight to left
31-32 Step forward right, ¼ turn left shifting weight to left

"REGGAE SHUFFLES" (ALA "DIAMOND REGGAE")

FACING DIAGONALLY FORWARD RIGHT (1ST BASE)

33&34 Shuffle forward right
35&36 Shuffle forward left

PIVOT ¼ TURN RIGHT (BACK TOWARDS 2ND BASE)

37&38 Shuffle back right
39&40 Shuffle back left

PIVOT ¼ TURN RIGHT (FACING 3RD BASE)

41&42 Shuffle forward right
43&44 Shuffle forward left

PIVOT 1/8 TURN RIGHT SQUARING UP WITH FLOOR (BACK TO PITCHER'S MOUND)

45&46 Shuffle back right
47&48 Shuffle back left

REPEAT
