

# Countdown

拍数: 32      墙数: 4      级数: Improver  
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音乐: 10 Seconds to Countdown - Modern Talking



Sequence: AA, Tag 1, AA, Tag 2, AA, Tag 1, AAA, Tag 1, AA

## ROCK, RECOVER, CROSS SHUFFLE, STEP LEFT, STEP TOGETHER, ¼ TURN CHASSE LEFT

1-2      Rock right to right side, recover onto left  
3&4      Cross step right over left, step left to left side, cross step right over left  
5-6      Step left to left side, step right next to left  
7&8      Turning ¼ left chasse left on left, right, left

## FULL TURN LEFT, TRIPLE STEP ¼ TURN LEFT, ROCK, RECOVER, SHUFFLE FORWARD

1-2      Turning ½ left step forward on right, turning ½ left step back on left  
3&4      Triple step turning ¼ left on right, left, right  
5-6      Rock back on left, recover onto right  
7&8      Shuffle forward on left, right, left

## ROCK, RECOVER, COASTER STEP, ROCK, RECOVER ¼ TURN LEFT, POINT, STEP BACK

1-2      Rock forward on right, recover onto left  
3&4      Step back on right, step left next to right, step forward on right  
5-6      Rock forward on left, turning ¼ left recover onto right  
7-8      Point left toe to left side, step back on left

## CROSS SHUFFLE, ROCK, ROCK, ROCK, ROCK, CROSS, STEP, STEP

1&2      Cross step right over left, step left to left side, cross step right over left  
3-4      Rock left to left side, recover onto right  
5-6      Rock back on left, recover onto right  
7&8      Cross left over right, step right to right side, step left slightly back

## REPEAT

### TAG

After walls 1, 6, and 9

### ROCKING CHAIR

1-4      Rock forward on right, recover onto left, rock back on right, recover onto left

### TAG

After wall 4

## ROCKING CHAIR, CROSS, STEP BACK, CHASSE RIGHT, CROSS, STEP BACK, CHASSE LEFT, JAZZ BOX TURN ¼ RIGHT

1-3      Rock forward on right, recover onto left, rock back on right, recover onto left  
5-6      Cross step right over left, step back onto left  
7&8      Chasse right on right, left, right  
9-10      Cross step left over right, step back onto right  
11&12      Chasse left on left, right, left  
13-16      Cross step right over left, turning ¼ right step back on left, step right next to left, step left next to right

You will end dance facing front wall. Raise both arms up & shout "countdown"