

Countdown

拍数: 32 墙数: 4 级数: Improver
编舞者: Joenan (AUS)
音乐: 10 Seconds to Countdown - Modern Talking



Sequence: AA, Tag 1, AA, Tag 2, AA, Tag 1, AAA, Tag 1, AA

ROCK, RECOVER, CROSS SHUFFLE, STEP LEFT, STEP TOGETHER, ¼ TURN CHASSE LEFT

1-2 Rock right to right side, recover onto left
3&4 Cross step right over left, step left to left side, cross step right over left
5-6 Step left to left side, step right next to left
7&8 Turning ¼ left chasse left on left, right, left

FULL TURN LEFT, TRIPLE STEP ¼ TURN LEFT, ROCK, RECOVER, SHUFFLE FORWARD

1-2 Turning ½ left step forward on right, turning ½ left step back on left
3&4 Triple step turning ¼ left on right, left, right
5-6 Rock back on left, recover onto right
7&8 Shuffle forward on left, right, left

ROCK, RECOVER, COASTER STEP, ROCK, RECOVER ¼ TURN LEFT, POINT, STEP BACK

1-2 Rock forward on right, recover onto left
3&4 Step back on right, step left next to right, step forward on right
5-6 Rock forward on left, turning ¼ left recover onto right
7-8 Point left toe to left side, step back on left

CROSS SHUFFLE, ROCK, ROCK, ROCK, ROCK, CROSS, STEP, STEP

1&2 Cross step right over left, step left to left side, cross step right over left
3-4 Rock left to left side, recover onto right
5-6 Rock back on left, recover onto right
7&8 Cross left over right, step right to right side, step left slightly back

REPEAT

TAG

After walls 1, 6, and 9

ROCKING CHAIR

1-4 Rock forward on right, recover onto left, rock back on right, recover onto left

TAG

After wall 4

ROCKING CHAIR, CROSS, STEP BACK, CHASSE RIGHT, CROSS, STEP BACK, CHASSE LEFT, JAZZ BOX TURN ¼ RIGHT

1-3 Rock forward on right, recover onto left, rock back on right, recover onto left
5-6 Cross step right over left, step back onto left
7&8 Chasse right on right, left, right
9-10 Cross step left over right, step back onto right
11&12 Chasse left on left, right, left
13-16 Cross step right over left, turning ¼ right step back on left, step right next to left, step left next to right

You will end dance facing front wall. Raise both arms up & shout "countdown"