

Count To Three

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Karen Jones (UK)
音乐: Count To 3 - Melinda Schneider



ROCK BACK, ROCK FORWARD, RIGHT HEEL-BALL STEP, ROCK FORWARD, ROCK BACK, RIGHT SHUFFLE BACK

1-2 Rock back right, rock forward left
3&4 Touch right heel forward, quickly step ball of right back, step left forward (on beats 3&4 clap hands together 3 times)
5-6 Rock forward on right, rock back an left
7&8 Step right back, step left next to right, step right back

ROCK BACK, ROCK FORWARD, LEFT SHUFFLE FORWARD, PIVOT ½ TURN, RIGHT SHUFFLE FORWARD

1-2 Rock back left, rock forward right
3&4 Step left forward, step right next to left, step left forward
5-6 Step right forward pivot ½ turn left
7&8 Step right forward, step left next to right, step right forward

Optional steps for 7&8 - full turning shuffle

ROCK FORWARD, ROCK BACK, LEFT COASTER, ½ TURN RIGHT, RIGHT COASTER

1-2 Rock forward left, rock back right
3&4 Step left back, step right back, step left forward
5-6 Step right forward ¼ right, step left back ¼ turn right (½ turn right)
7&8 Step right back, step left back, step right forward

LEFT HEEL-BALL STEP, ROCK FORWARD, ROCK BACK, ¾ TURN SHUFFLE, RIGHT HEEL-BALL STEP

1&2 Touch -left heel forward, quickly step ball of left back, step right forward
3-4 Rock forward left, rock back on right
5&6 Step left back while turning ¼ turn left, step right forward while turning ½ turn left (¾ turn left stepping right, left, right)
7&8 Touch right heel forward, quickly step ball of right back, step left forward

REPEAT
