

# Count To 10

拍数: 40      墙数: 4      级数: Intermediate  
编舞者: Johnny Montana (USA)  
音乐: Count To 10 - Beth Anne Clayton



## SIDE ROCK, STEP, CHA-CHA

1-2      Rock to right side onto right foot, step (replace) onto left foot  
3&4      Cha-cha in place right, left, right

## SIDE ROCK, STEP, CHA-CHA

5-6      Rock to left side onto left foot, step (replace) onto right foot  
7&8      Cha-cha in place left, right, left

## ROCK, STEP, SHUFFLE BACKWARDS

9-10      Rock forward onto right foot, step back onto (replace) left foot  
11&12      Shuffle backwards right, left, right (step back onto right foot, slide left foot back next to right, step back onto right foot)

## KICK, PIVOT, SHUFFLE FORWARD

13-14      Kick left foot back, pivoting on right foot make a ½ turn to left  
15&16      Shuffle forward left, right, left (step forward onto left foot, slide right foot up next to left, step forward onto left foot)

## ROCK, STEP, SHUFFLE BACKWARDS

17-18      Rock forward onto right foot, step back onto (replace) left foot  
19&20      Shuffle backwards right, left, right (step back onto right foot, slide left foot back next to right, step back onto right foot)

## KICK, PIVOT, SHUFFLE FORWARD

21-22      Kick left foot back, pivoting on right foot make a ½ turn to left  
23&24      Shuffle forward left, right, left (step forward onto left foot, slide right foot up next to left, step forward onto left foot)

## STAMP, CLAP, FORWARD JAZZ JUMP, DOUBLE CLAP

25-26      Stamp right foot next to left, hold for one beat and clap hands  
&27&28      Step out to left and forward onto left foot, step onto right foot opposite left about a foot apart, clap hands twice

## CROSS, UNWIND, HIP BUMPS

29-30      Cross right foot over left distributing weight evenly to both feet, bending at knees and pivoting on the soles of both feet make a ½ turn to left and bump hips to right  
31&32      Bump hips to left, bump hips to right, bump hips to left

## TURN, HOLD WITH CLAP, SYNCOPATED STEPS, HOLD WITH CLAP

&33-34      Pivoting on sole of left foot make a ¼ turn to left and step to right side onto right foot, hold for one beat and clap hands  
&35-36      Step onto left foot next to right, step to right side onto right foot, hold and clap hands

## ROCK, STEP, LEFT COASTER STEP

37-38      Rock forward onto left foot, step back onto (replace) right foot  
39&40      Step back onto left foot, step onto sole of right foot next to left, step forward onto left foot

REPEAT

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