Count Me In (Intermediate)



拍数: 32 编数: 2 级数: Intermediate

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STEP, CROSS, UNWIND, SCUFF, SIDE, BEHIND, TOUCH, TURN

- 1 Step left beside right
- 2 Cross right over left, (keep weight on left)
- 3 Unwind to the left ½ (keep weight on left)
- 4 Scuff right by left
- 5 Step right to side
- 6 Cross step left behind right
- 7 Touch right forward
- 8 Turn to the left ½ (keep weight on left)

ROLLING RIGHT VINE (3-STEP-TURN), CROSS, STEP, CROSS, STEP, TOUCH

- 1 Step right to right to start to the right 3-step-turn
- 2 Step on left continuing turn
- 3 Step on right, completing full turn
- 4 Cross step left over right
- 5 Step right to side
- 6 Cross step left behind right
- 7 Step right to side
- 8 Touch left next to right

KICK-BALL-CHANGE, KICK-BALL-CHANGE, SIDE, BEHIND, SIDE, SPIN

- 1 Kick left forward
- & Step on ball of left
- 2 Step on right in place
- 3 Kick left forward
- & Step on ball of left
- 4 Step on right in place
- 5 Step left to side
- 6 Cross step right behind left
- 7 Step left to side
- 8 Spin to the left ½ (push off with right)

For advanced version, substitute

- 5 Step left to side to start to the left 3-step-turn
- 6 Step on right continuing turn
- 7 Step on left completing full turn
- 8 Spin to the left ½ (push off with right)

HEEL, TOE, HEEL, TOE, STEP, STEP, KICK

- 1 Step right heel forward
- 2 Drop toe of right
- 3 Step heel of left forward
- 4 Drop toe of left
- 5 Step back on right
- 6 Step back on left
- 7 Step back on right
- 8 Kick left forward

For advanced version, substitute

5 Step back on right to start to the right 3-step-turn

6 Step on left continuing turn

Step back on right completing full turnHop in the air with left knee raised

REPEAT

TAG

When dancing to "I'm Gone" by George Fox, after the fifth set of 32, add the first 16 counts (while the instrumental is playing), then start over.