

Count Four

拍数: 24
编舞者: Unknown
音乐: Unknown

墙数: 4

级数: Beginner



VINES RIGHT AND LEFT WITH STOMPS

1-2 Right foot step to right, left foot cross behind right
3-4 Right foot step to right, left foot stomp beside right
5-6 Left foot step to left, right foot cross behind left
7-8 Left foot step to left, right foot stomp beside left

WALK BACK AND FORWARD WITH STOMPS

9-12 Walk backward (right, left, right), left foot stomp beside right
13-16 Walk forward (left, right, left), right foot stomp beside left

FOUR-COUNT MARCH TURN

17-20 March in place while doing a $\frac{1}{4}$ turn to the right (left, right, left), right foot stomp beside left

HEEL SWIVELS

21-22 Swivel both heels to right, swivel both heels to left
23-24 Swivel both heels to right, swivel both heels to center

REPEAT
