Couldn't Resist

拍数: 32

级数: Improver east coast swing

编舞者: Ingemar Kardeskog (SWE)

音乐: Can't Resist - Texas

I would like to dedicate this dance to my 4 weeks old grand daughter. I became father at age of 23, and now my son Seth and daughter in law Jessica became parents, at age of 24. Welcome to the world Wilma

SHUFFLE FORWARD, WALK, WALK, ROCK, RECOVER, BACK SHUFFLE

- 1&2 Step right forward & close left beside, step right forward
- 3-4 Walk left, walk right
- 5-6 Rock left forward, recover to right
- 7&8 Step left back & close right beside left, step left back

SHUFFLE ½ TURN, CHASSE, BACK, ROCK, KICK BALL CROSS

- 1&2 Turn ¼ right stepping right to right side & close left beside right, turn ¼ right stepping right forward
- 3&4 Step left to left side & close right beside left, step left to left side
- 5-6 Rock right back, recover to left
- 7&8 Kick right diagonally to right & step right beside left, cross left over right

SIDE, HOOK ¼ TURN LEFT, SHUFFLE FORWARD, STEP ½ TURN, COASTER STEP

- 1-2 Step right to right side, turn 1/4 left on ball of right hooking left
- 3&4 Step left forward & close right beside left, step left forward
- 5-6 Step right forward, turn ½ left stepping right back (keeping weight onto right)
- 7&8 Step left back & step right beside left, step left forward

1/4 TURN CHASSE, BACK, ROCK, SIDE, BEHIND, TURN 1/4 LEFT, HITCH

- 1&2 Turn ¼ left stepping right to right side & close left beside right, step right to right side
- 3-4 Rock left back, recover to right
- 5-6 Step left to left side, step right behind left
- 7-8 Turn ¼ left stepping left forward, hitch right

REPEAT





墙数:4