

Cougar Strut

拍数: 48 墙数: 4 级数: Intermediate
编舞者: "Calamity" Jane Newhard (USA)
音乐: Enjoy The Ride - Brett James



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- 1-2 Cross right over left, weight on toe; drop heel down
3-4 Step left toe to left side; drop heel down
5-6 Cross step right over left; step left to left side
7-8 Cross step right over left; touch left to left side
- 1-2 Cross step left toe over right, weight on left; drop heel down
3-4 Step right toe to right; heel down
5-6 Cross step left over right; step right to right side
7-8 Cross step right over left; touch right to right side
- 1-2 Cross step right over left; point left to left side
3-4 Cross step left over right; point right to right side
5-6 Cross step right behind left; point left to left side
7-8 Cross step left behind right; point right to right side
- 1-2 Step right heel forward; drop right toe down
3-4 With weight on right toe, tap right heel twice
5-6 With left foot back, tap left heel twice
7-8 Step left heel forward; drop toe down
- 1-8 Repeat last 8 counts
- 1-2 Cross step right over left; step back on left
3-4 Step right turning $\frac{1}{4}$ turn to the right; step left beside right
5-6 Step cross right over left; step back on left
7-8 Step right beside left; step left beside right

REPEAT
