Cotton Eyed Joe Scoot

级数: Beginner

编舞者: Amanda Peterson

拍数: 40

音乐: Cotton Eye Joe - Rednex

Amanda was age 8 when she choreographed this dance.

KNEE BOUNCES

- 1-2 Put knees and toes together, heels spread, with each hand on the opposite knee. Bounce twice
- 3-4 Turn knees and toes apart, heels together, with right hand on right knee and left hand on left knee. Bounce twice.
- 5-8 Repeat 1-4

RIDE THE HORSE, PIVOT TURN

- 1-2 Hop straight up and down on both feet twice
- 3-4 Step right foot forward and to the right, step left foot forward and to the left
- 5&6 Scoot forward on both feet three times (hands up like holding reins)
- 7-8 Step right foot forward, pivot on both feet ¹/₂ turn to left. End with weight on left foot

8 COUNT VINES RIGHT AND LEFT

- 1-8 8-count grapevine to right, end with a scuff
- 1-8 8-count grapevine to left, end with a scuff and a 1/4 turn to the left

SIDE GALLOPS RIGHT AND LEFT

- 1&2& Step right foot to right, step left foot next to right foot, step right foot to right, step left foot next to right foot
- 3&4 Step right foot to right, step left foot next to right foot, step right foot to right
- 5&6& Step left foot to left, step right foot next to left foot, step left foot to left, step right foot next to left foot
- Step left foot to left, step right foot next to left foot, step left foot to left, step right foot next to 7&8& left foot

REPEAT





墙数: 4