

Cry With Me

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Nigel Payne (UK) & Barbara Payne (UK)
音乐: Cry to Me - Ronnie McDowell



This is the solo version of the partner dance "Come And Cry" by Nigel And Barbara Payne.

SIDE-TOGETHER-BACK, TOUCH, SIDE-TOGETHER-FORWARD, TOUCH

1-2 Step right to right side, step left beside right
3-4 Step back on right, touch left beside right
5-6 Step left to left side, step right beside left
7-8 Step forward on left, touch right beside left

RIGHT SIDE ROCK CROSS, HOLD, LEFT SIDE ROCK CROSS, HOLD

9-10 Rock right out to right side, recover back onto left
11-12 Cross right over left, hold
13-14 Rock left out to left side, recover back onto right
15-16 Cross left over right, hold

For styling dip on rock steps

SIDE BEHIND SIDE, HOLD, CROSS ROCK RECOVER, STEP, HOLD

17-18 Step right to right side, cross left behind right
19-20 Step right to right side, hold
21-22 Cross rock left over right, recover back onto right
23-24 Step left to left side, hold

WEAVE LEFT, SWEEP, WEAVE RIGHT, SWEEP

25-26 Cross right over left, step left to left side
27-28 Cross right behind left, sweep left around from front to back
29-30 Cross left behind right, step right to right side
31-32 Cross left over right, sweep right around from back to front

ROCK RECOVER, ¼ TURN, TOUCH, HIP SWAYS

33-34 Rock forward onto right, recover back onto left
35-36 Step right ¼ turn to the right, touch left beside right (3:00)
37-40 Step left to left side swaying hips left, right, left, right (take weight on right)

SHIMMY LEFT TWICE (FOR STYLING DIP DOWN ON SHIMMIES)

41-44 Step left to left side, shimmy shoulders for 2 counts, drag right to left on count 4 (take weight on right on count 4)
45-48 Step left to left side, shimmy shoulder for 2 counts, drag right to left & touch on count 4

GRAPEVINE RIGHT WITH ¼ TURN, SCUFF, ROCK RECOVER, STEP, SCUFF

49-51 Step right to right side, cross left behind right, step right to right side turning ¼ right
52 Scuff left foot forward (6:00)

Vine can be replaced with rolling vine

53-54 Rock forward onto left, recover back onto right
55-56 Step forward left, scuff right foot forward

ROCK RECOVER, STEP, SCUFF, ROCK RECOVER, ¼ TURN, TOUCH

57-58 Rock onto right, recover back onto left
59-60 Step forward onto right, scuff left foot forward

61-62 Rock forward onto left, recover back onto right
64-64 Step left ¼ turn left, touch right beside left (3:00)

REPEAT
