

Cry To Me

COPPER **KNOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Advanced Beginner
编舞者: William Sevone (UK) - April 2003
音乐: Cry to Me - Solomon Burke : (CD: Greatest Hits / Dirty Dancing)



Choreographers note:- Based on the 'American!' Rumba rhythm of QQS. The dance is performed using short steps and use of the Latin/Cuban hip motion. Ideally suited for the experienced (Advanced) Beginner level dancer. Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'. Dance starts on the word 'Baby' ('when your BABY..') with feet together and weight on the left .

2x Fwd-Lock Step-Hold (12:00).

1 - 2 Step forward onto right. Lock left behind right.
3 - 4 Step forward onto right. Hold.
5 - 6 Step forward onto left. Lock right behind left.
7 - 8 Step forward onto left. Hold.

Cross. Bwd. 1/2 Right Fwd. Hold. Cross. Side Lunge. Recover. Hold (6:00).

9 - 10 Cross right over left. Step backward onto left.
11 - 12 Turn 1/2 right & step forward onto right. Hold
13 - 14 Cross left over right. Lunge right to right side.
15 - 16 Recover onto left. Hold.

Cross. Side Lunge. Recover. Hold. Fwd. 1/2 Right Bwd. Bwd Touch. Hold (12:00).

17 - 18 Cross right over left. Lunge left to left side.
19 - 20 Recover onto right. Hold.
21 - 22 Step forward onto left. Turn 1/2 right & step backward onto right.
23 - 24 Touch left toe backward. Hold.

Fwd. 1/2 Right Bwd. Bwd Touch. Hold. Fwd. 1/4 Left Rock. Rock. Hold (3:00).

25 - 26 Step forward onto left. Turn 1/2 right & step backward onto right (6).
27 - 28 Touch left toe backward. Hold.
29 - 30 Step forward onto left. Turn 1/4 left & rock right to right side (3).
31 - 32 Recover onto left. Hold.

DANCE FINISH: The dance will finish on count 8 of the 8th wall (facing 'home').

Other suggested music: Doris Troy - Just one look (108 bpm)
Last Update - 4 Jan. 2019