

Crush (1980 Me)

拍数: 32 墙数: 4 级数: Improver
编舞者: Craig Cooke (UK)
音乐: Crush (1980 ME) - Darren Hayes



KICK BALL STEP, SLIDE ¼ TURN, LEFT SAILOR, SWAY RIGHT LEFT

1&2 Kick right foot forward, step right next to left, step forward on left
3-4 Step right to right side making ¼ turn right. Slide left up to right and touch next to right
5&6 Step left behind right, step right to right side, step side on left
7-8 Sway hips right & left

ROCK & CROSS TWICE, RIGHT SHUFFLE FORWARD, FULL TURN

1&2 Rock right out to right side. Step right over left
3&4 Rock left to left side, step left over right
5&6 Step forward on right. Step left next to right. Step forward on right
7-8 Make full turn traveling forward on a left right

LEFT COASTER FORWARD. RIGHT COASTER BACK, ½ PIVOT RIGHT, CHASSE ½ TURN LEFT

1&2 Step forward on left, step right next to left, step back on left
3&4 Step back on right, step left next to right, step forward on right
5-6 Step forward on left foot pivot ½ turn right
7&8 Shuffle ½ turn right stepping left right left

ROCK BACK ON RIGHT, FULL TURN, RIGHT SHUFFLE FORWARD, LEFT ROCK & STEP

1-2 Rock back on right foot, forward onto left
3-4 Make full turn stepping back on right making ½ turn step forward on left making ½ turn
5&6 Step forward on right, step left next to right, step forward on right
7&8 Rock left out to left side; recover onto right, step left next to right

REPEAT
