

Cruisin'

拍数: 32 墙数: 4 级数: Improver
编舞者: Victor van der Meer (AUS)
音乐: Cruisin' - Gwyneth Paltrow & Huey Lewis



ROCK FORWARD, BACK, ½ TURN CHA-CHA, STEP, PIVOT ½, FULL TURN TRIPLE

1-2 Rock forward on right, rock back on left
3&4 Turning ½ turn right cha-cha forward stepping right-left-right
5-6 Step forward left, pivot ½ turn right
7&8 Traveling forward turn full turn left stepping left-right-left

COASTER FORWARD, COASTER BACK, STEP/ROCK (SWAY HIPS), ROCK (SWAY HIPS)

1&2 Coaster forward - step forward on right, step left beside right, step back on right
3&4 Coaster back - step back on left, step right beside left, step forward on left
5-6 Step right to right side (sway hips to right side), rock back on to left (sway hips to left side)
7&8 Step right behind left, step left back ¼ turn, step right forward

STEP, PIVOT ½, SHUFFLE, WALK RIGHT-LEFT, STEP/ROCK (SWAY HIPS), ROCK (SWAY HIPS)

1-2 Step left forward, pivot ½ turn right
3&4 Step left forward, step right next to left, step left forward (shuffle left-right-left)
5-6 Step right forward, step left forward
7-8 Step/rock forward right (sway hips forward right), rock back on left (sway hips back left)

SHUFFLE BACK, COASTER STEP, STEP/PIVOT/STEP, FULL TURN TRIPLE

1&2 Step right back, step left next to right, step right back (shuffle back right-left-right)
3&4 Step back on left, step right beside left, step forward on left
5&6 Syncopated pivot - step forward on right, pivot ½ turn left, step forward on right
7&8 Traveling forward turn full turn left stepping left-right-left

REPEAT

RESTART

Finish on the 11th wall on count 8, than start from the beginning.
