

# Crowbar

拍数: 32      墙数: 2      级数:  
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音乐: 18 Wheels and a Crowbar - BR5-49



## STEP, STEP, SHUFFLE

1-2      Step forward on right foot, step forward on left foot  
3&4      Shuffle forward right-left-right  
5-6      Step forward on left foot, step forward on right foot  
7&8      Shuffle forward left-right-left

## STEP PIVOT ½ TURNS, SAILOR SHUFFLES

1&2      Step forward on right foot & pivot ¼ turn left  
3&4      Step forward on right foot & pivot ¼ turn left  
5&6      Step right foot behind left, step left to left, step right to right  
7&8      Step left behind right, step right to right, step left to left

## SIDE ROCKS & HEEL SPLITS

1-2      Rock right to right side, rock weight onto left in place  
3&4      Step right beside left, split heels apart, bring heels together  
5-6      Rock left to left side, rock weight onto right in place  
7&8      Step left beside right, split heels apart, bring heels together

## ROCK STEPS, ½ TURN TRIPLE STEP

1-2      Rock forward on right, rock back on left  
3&4      Step right ½ turn to right & triple step on spot right-left-right

## STEP PIVOT TURN, HEEL SPLITS

1-2      Step forward on left, pivot ½ turn right  
7&8      Step left beside right, split heels apart, bring heels together

## REPEAT

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